

# Evolution of Myeloma

## Myeloma Crowd Round Table

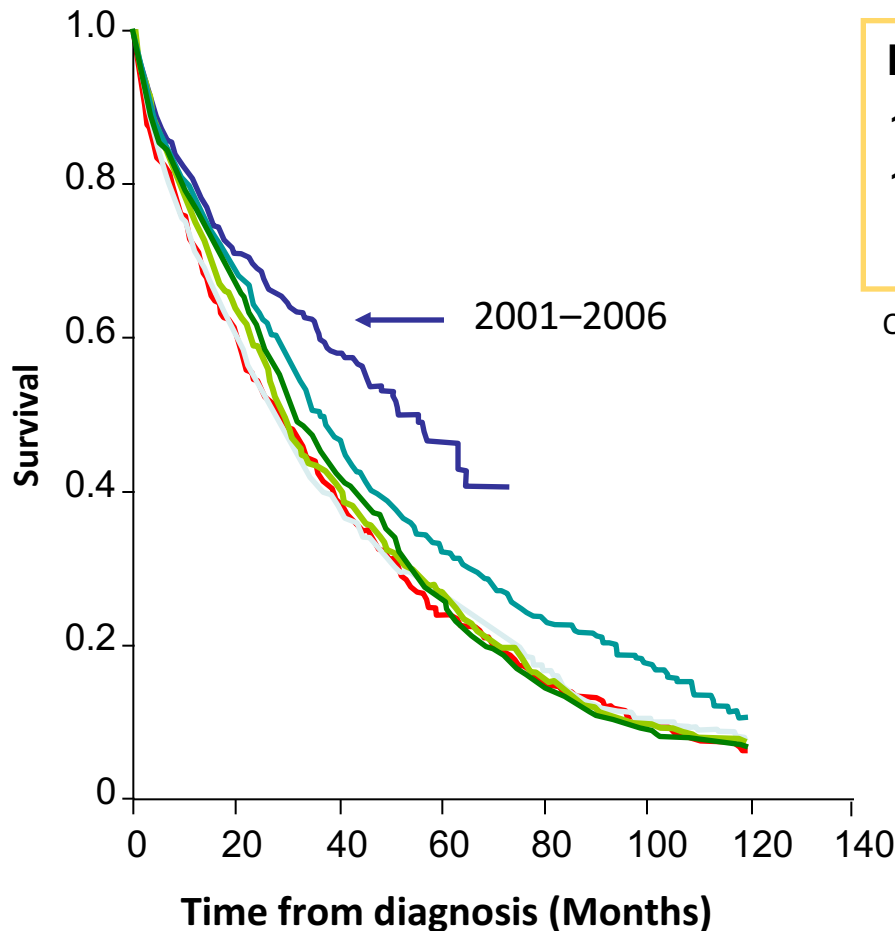
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JOHNS HOPKINS  
M E D I C I N E

# Trends in Overall Survival of MM

Overall survival 1971–2006

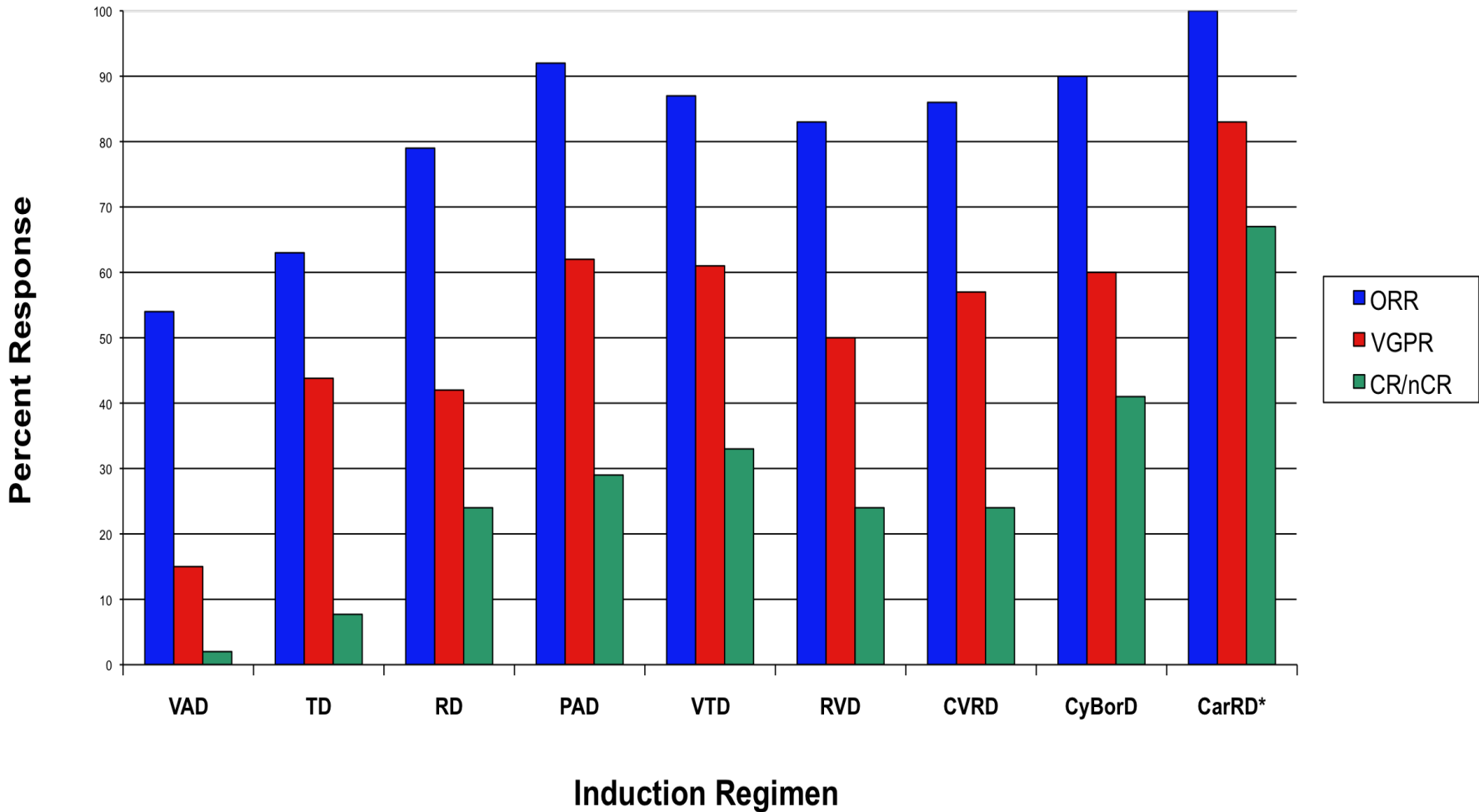


Diagnosis period	Median OS
1996–2006	45 months
1971–1996	30 months ( $P < 0.001$ )

OS, overall survival.

1971–1976	1989–1994
1977–1982	1995–2000
1983–1988	2001–2006

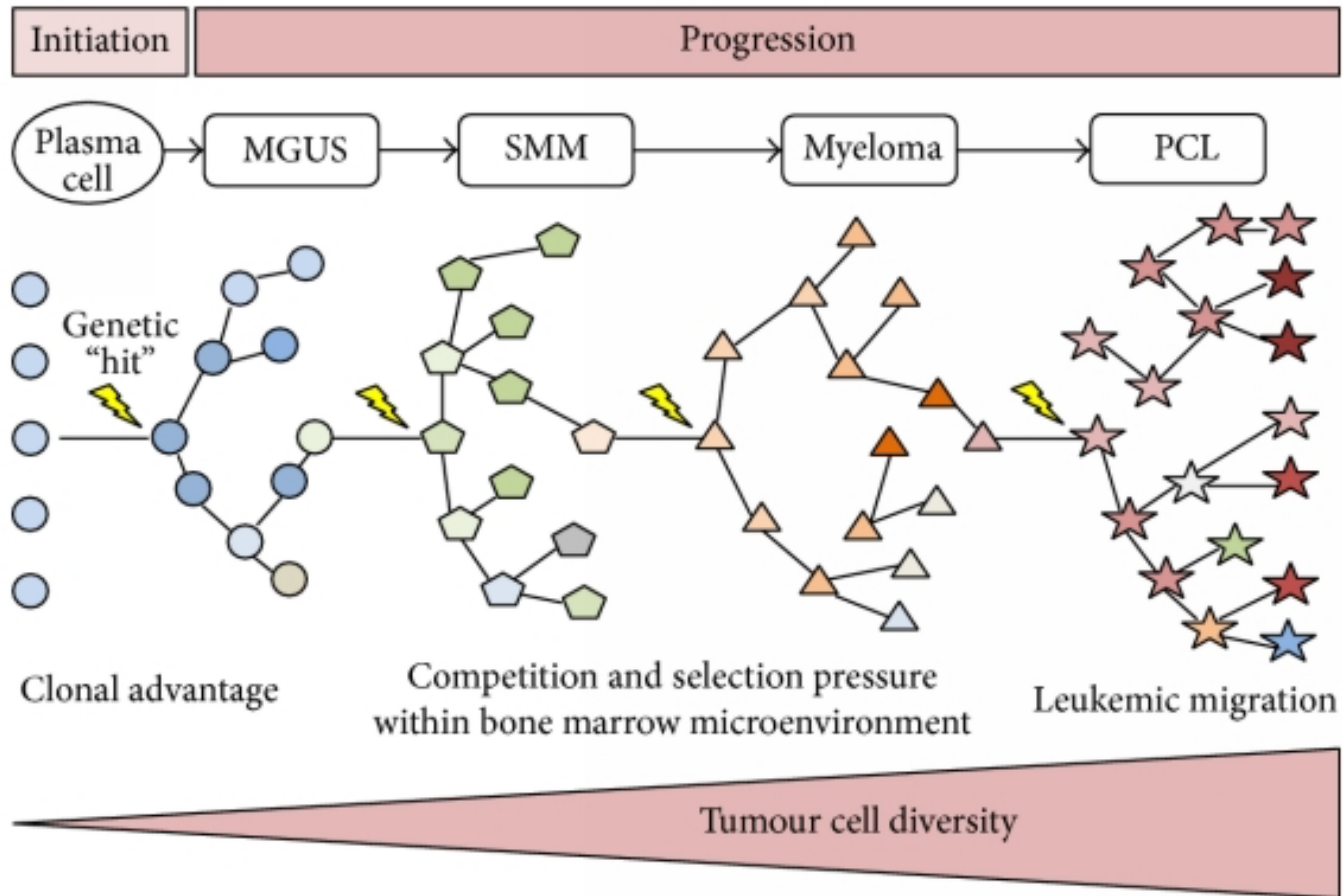
# Improving Response Rates with Combination Therapies



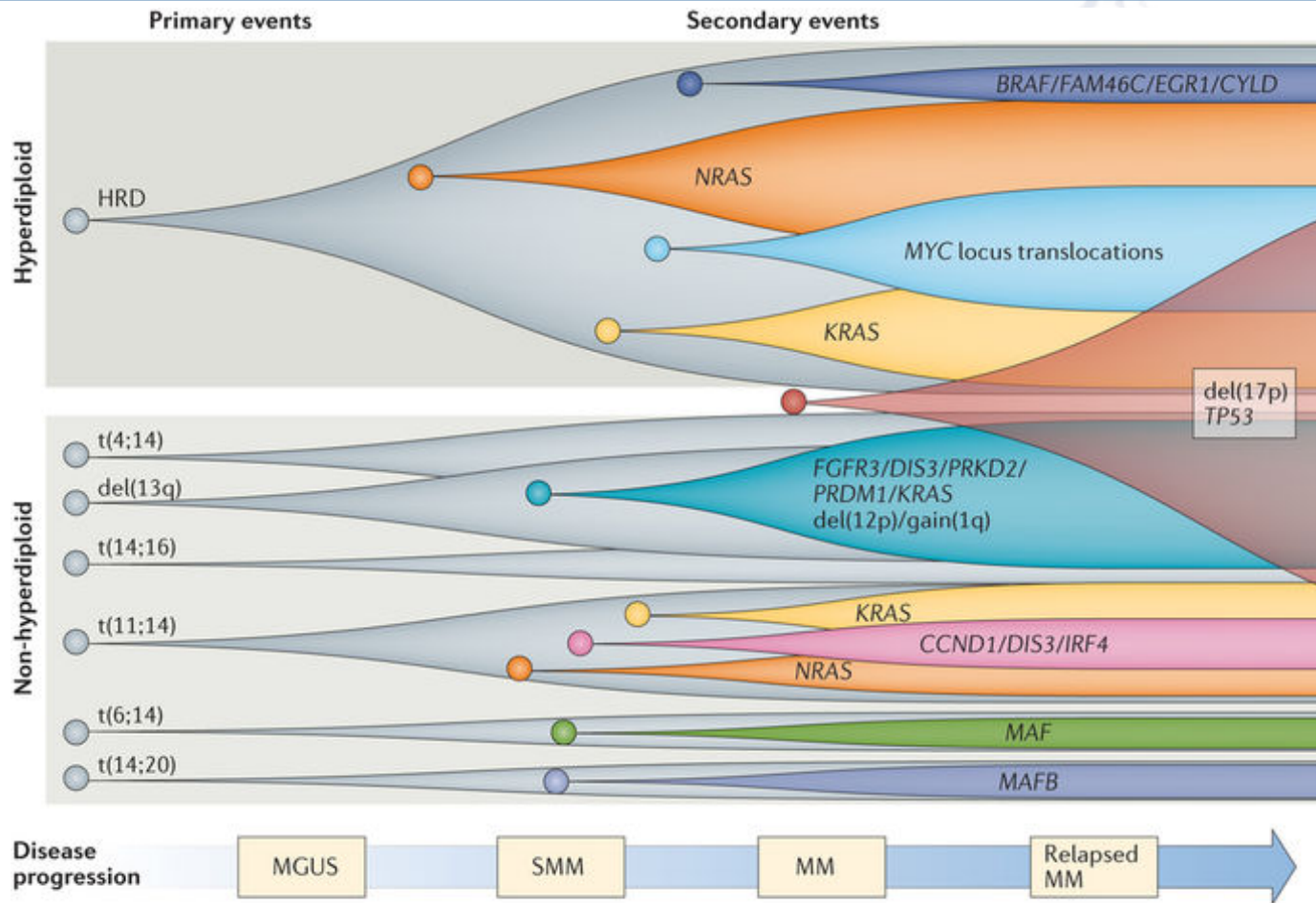
# What is Multiple Myeloma?

- Disease of increased plasma cells
- Disease of the bone marrow microenvironment
- Disease of a genetically altered plasma cell

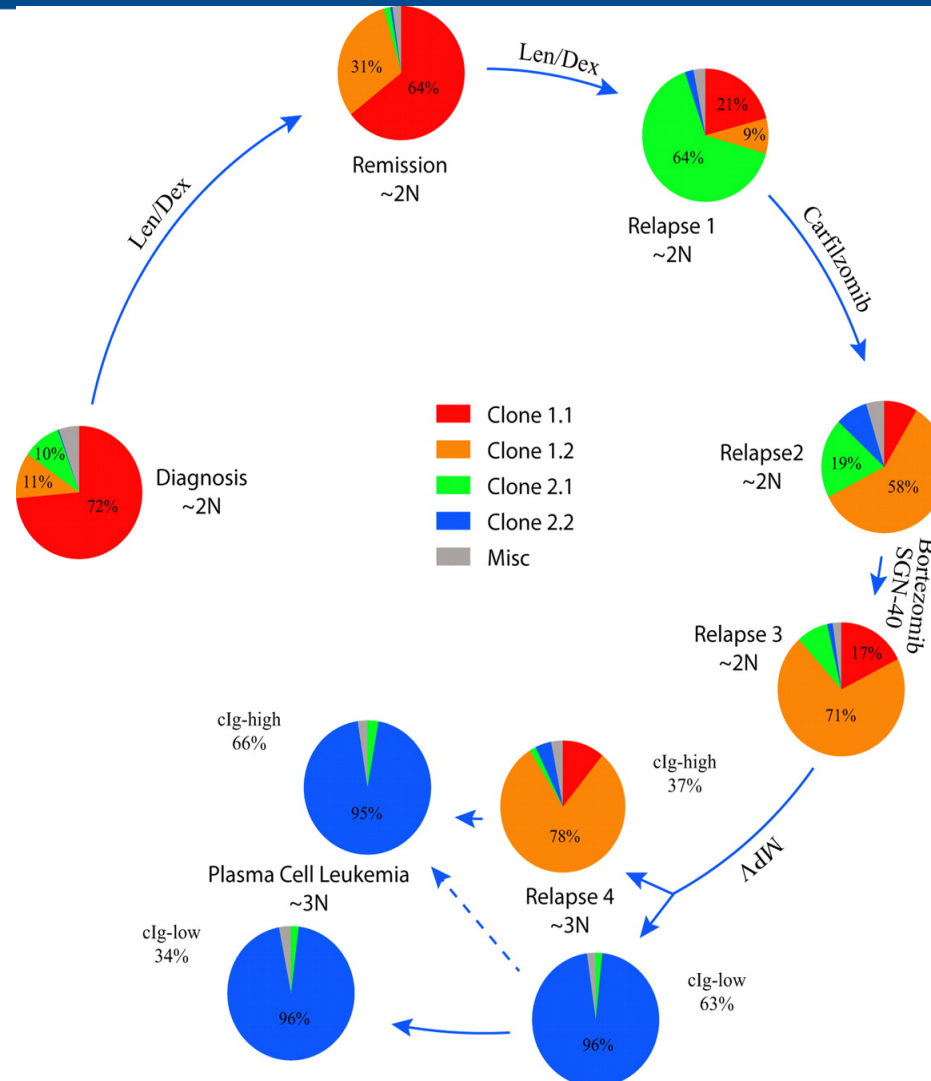
# Clonal Heterogeneity



# Acquired Genetic Mutations with Disease Progression

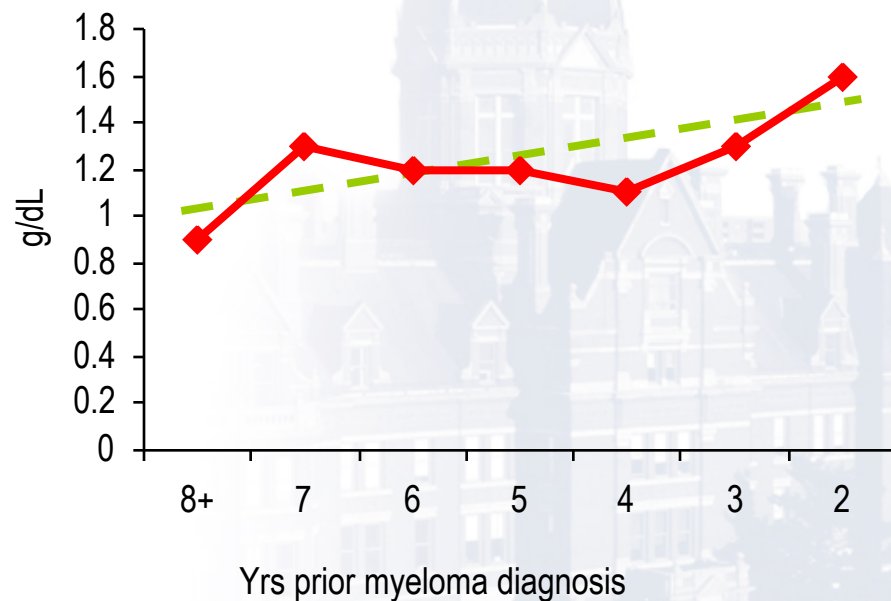


# Clonal Evolution of Myeloma Throughout Treatment Cycle



# Abnormalities in M-Spike Found Several Years Prior to Developing Myeloma

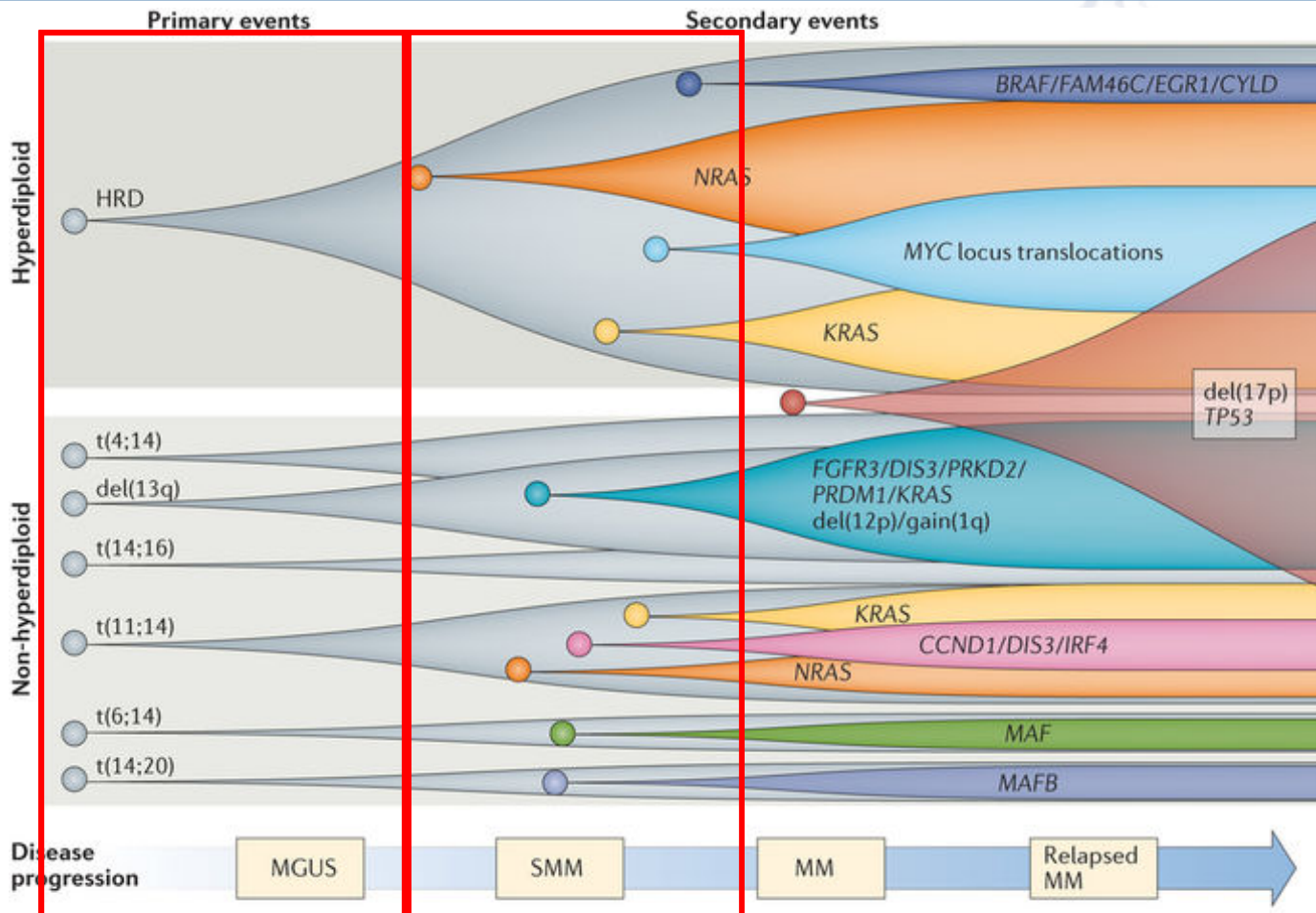
Yrs prior myeloma dx	N	Median (range) concentration
2	24	1.6 (0.4–3.7)
3	47	1.3 (0.5–3.1)
4	37	1.1 (0.5–3.9)
5	26	1.2 (0.6–3.8)
6	20	1.2 (0.6–3.6)
7	11	1.3 (0.7–3.5)
8+	10	0.9 (0.5–1.8)



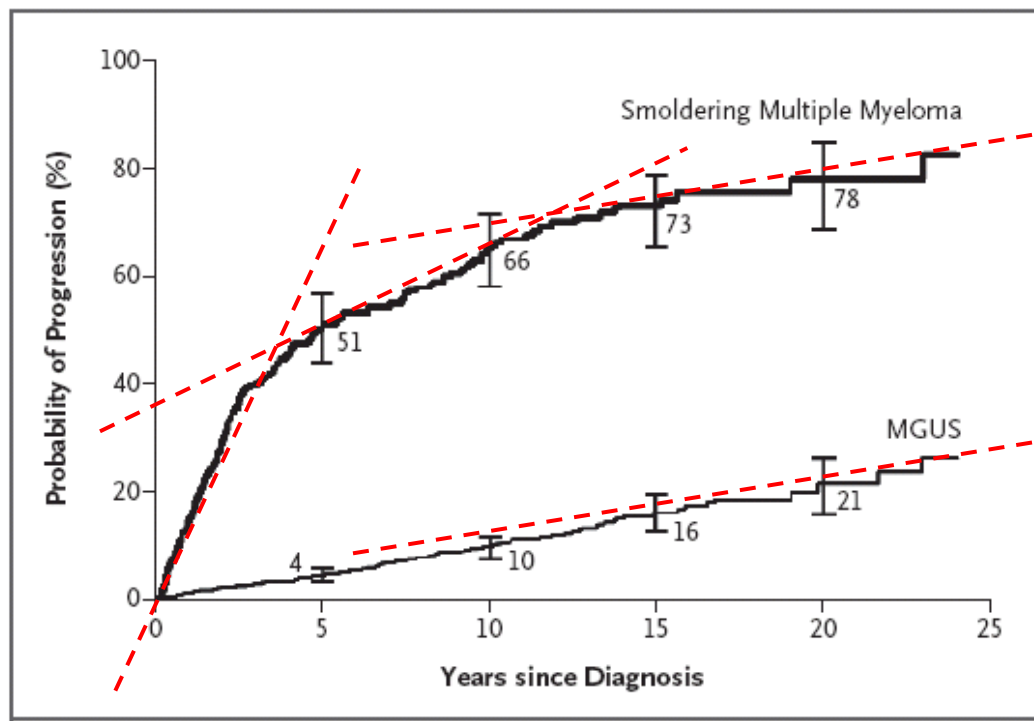
$P_{\text{trend}} = 0.025$



# Acquired Genetic Mutations with Disease Progression

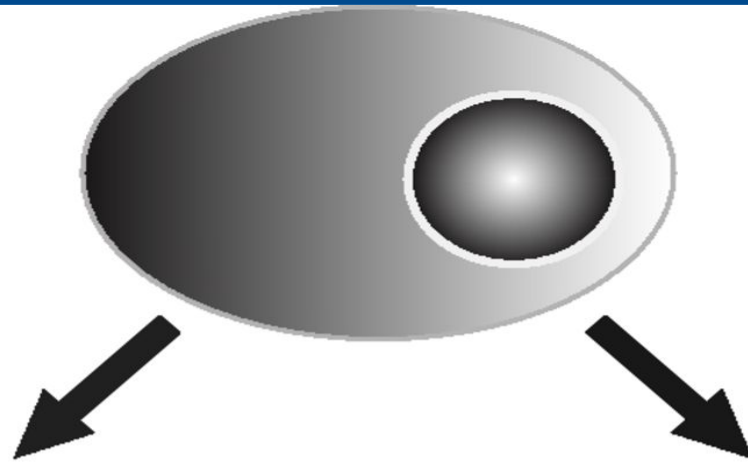


# Smoldering myeloma (SMM) Subsets: the Mayo Clinic experience



- 276 SMM patients diagnosed 1970-1995
- 163 (59%) progressed
  - 158 multiple myeloma
  - 5 amyloidosis
- Overall risk of progression (per year):
  - 10% the first 5 years
  - 3% the next 5 years
  - 1% the last 10 years

# Chromosomal Abnormalities



## IgH translocations

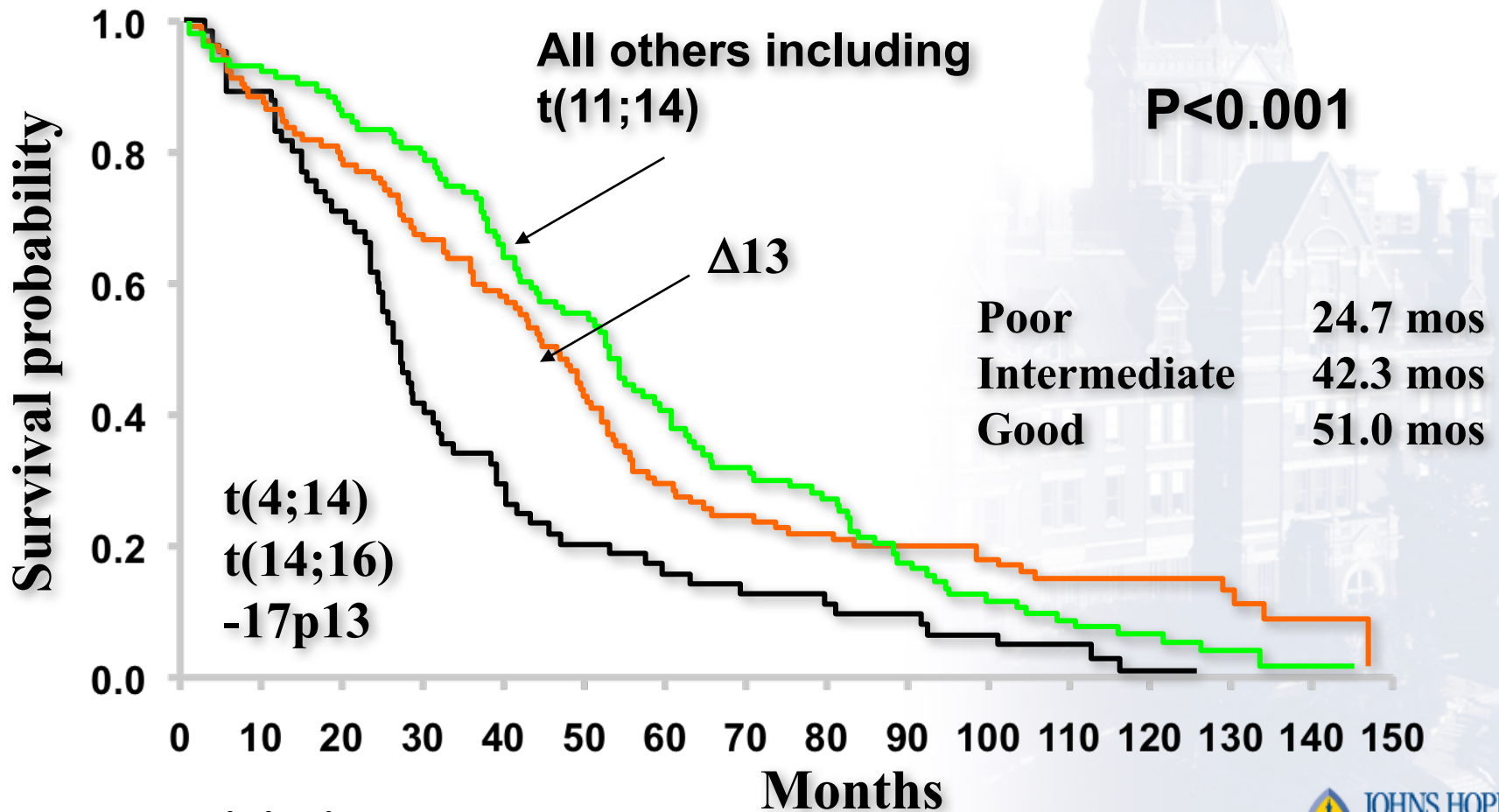
t(4;14)\*  
t(14;16)\*  
t(14;20)\*  
t(11;14)  
t(6;14)

## Genomic imbalances

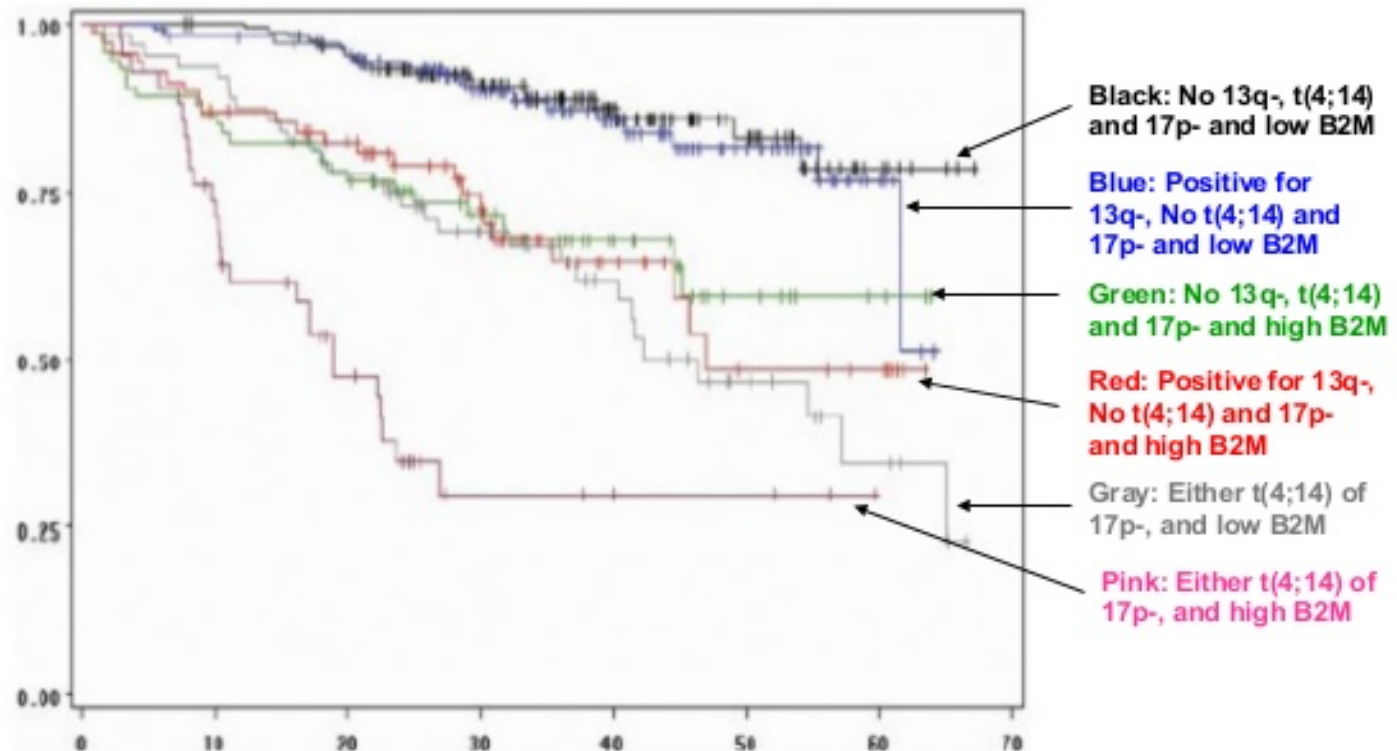
Hyperdiploid  
Non-hyperdiploid\*  
1q gains\*  
Monosomy 13  
17p deletions\*

\*Unfavorable prognosis

# Chromosomal Prognostic Models

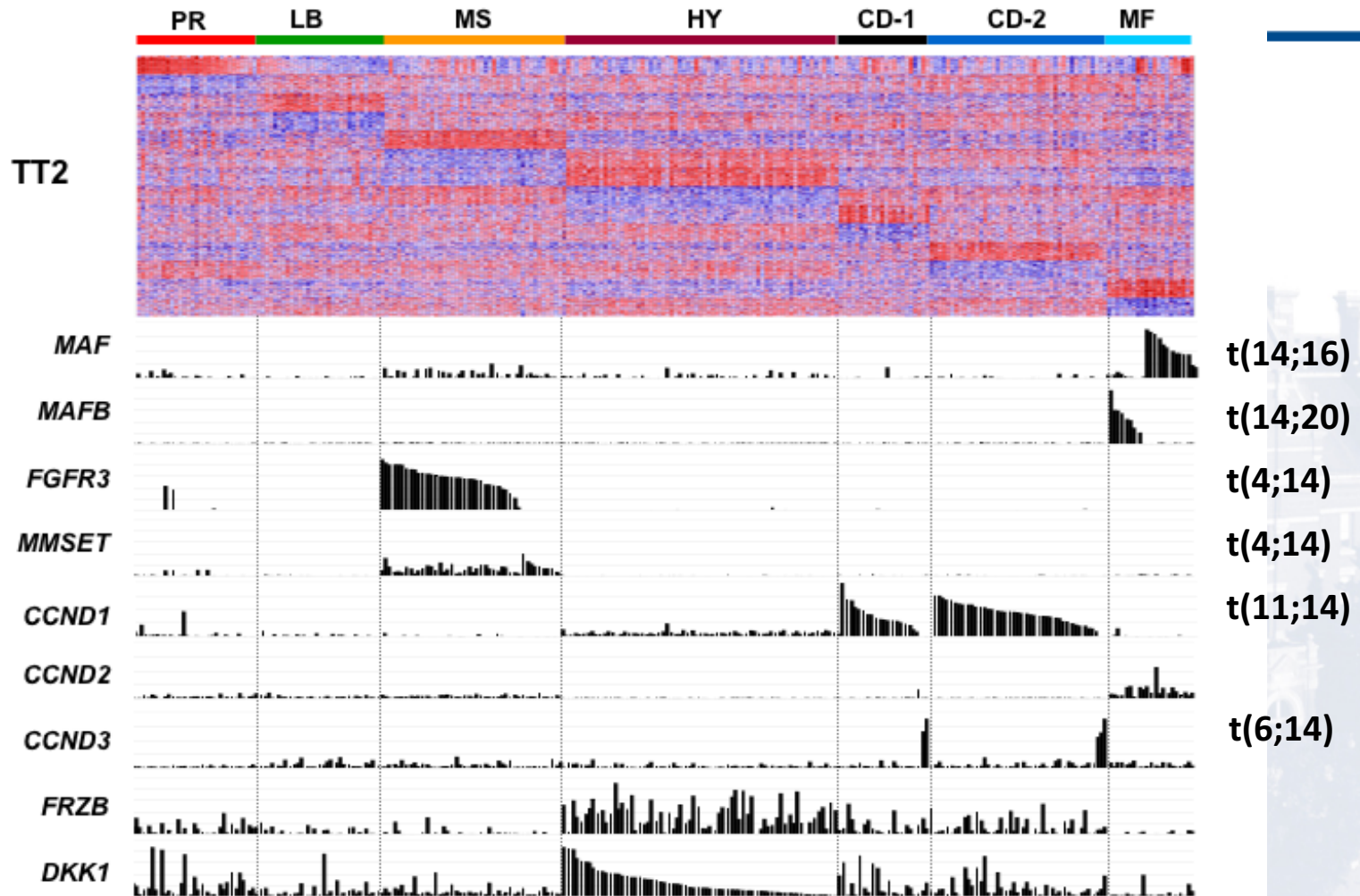


# Prognostic Significance of Chromosomal Abnormalities



Avet-Loiseau et al, Blood 2007; 109: 3489 - 95

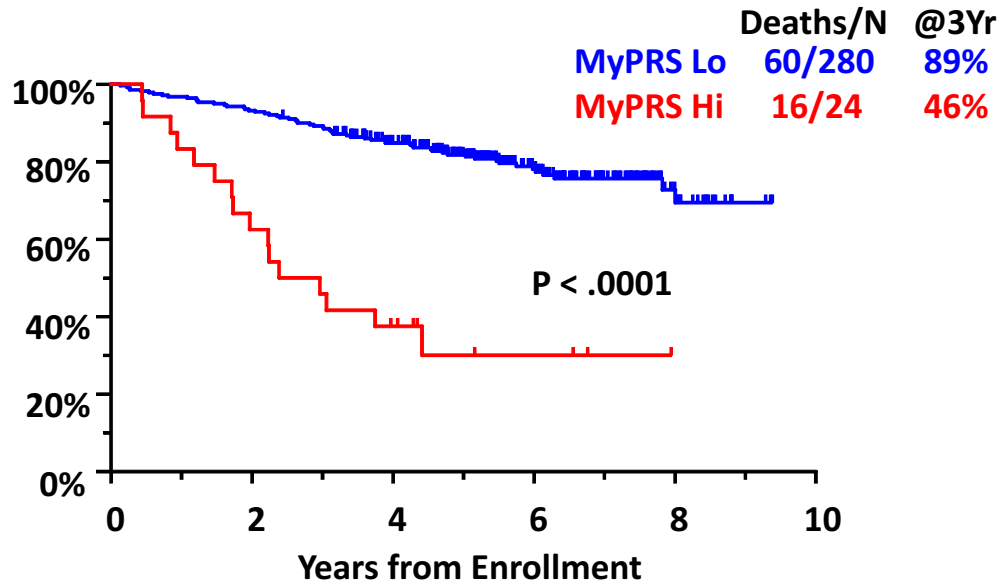
# Molecular Subclassifications of Myeloma



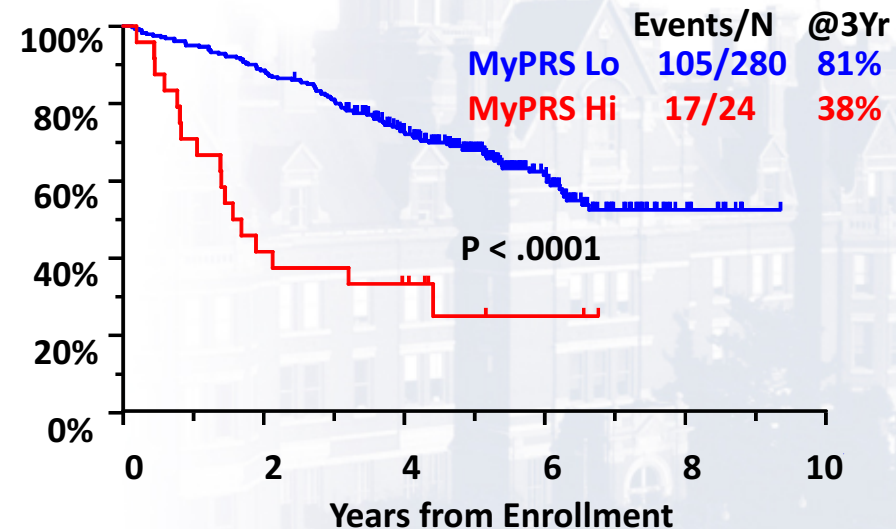
# MyPRS Stratifies Risk within ISS Stages

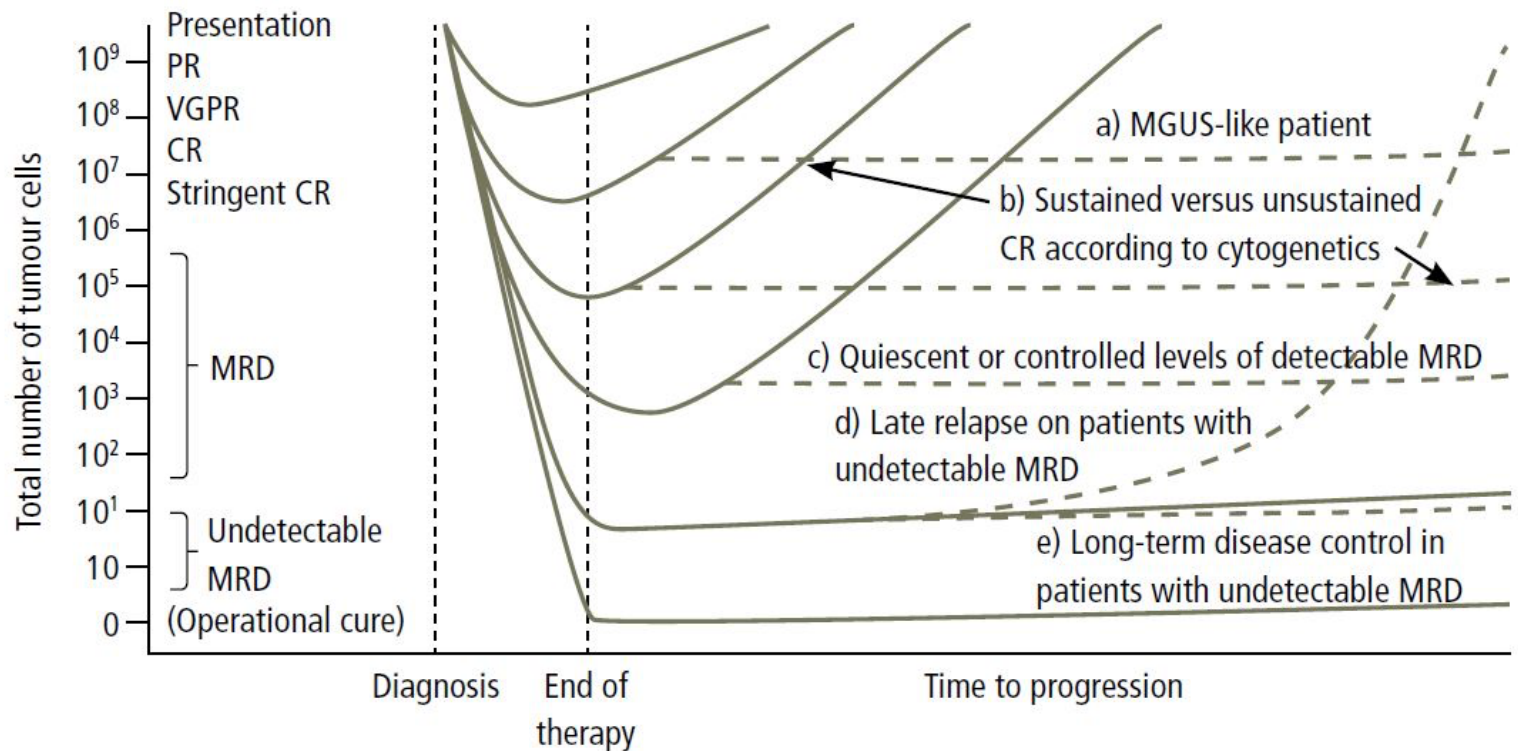
## ISS STAGE 1

### Overall Survival



### Progression-Free Survival





CR, complete response; MGUS, monoclonal gammopathy of unknown significance; MRD, minimal residual disease; PR, partial response; VGPR, very good partial response.



# Depth of Response Correlates with Improved Outcomes

Prognostic impact of CR vs nCR/VGPR/PR vs SD/PD after high-dose therapy plus ASCT (n=344)

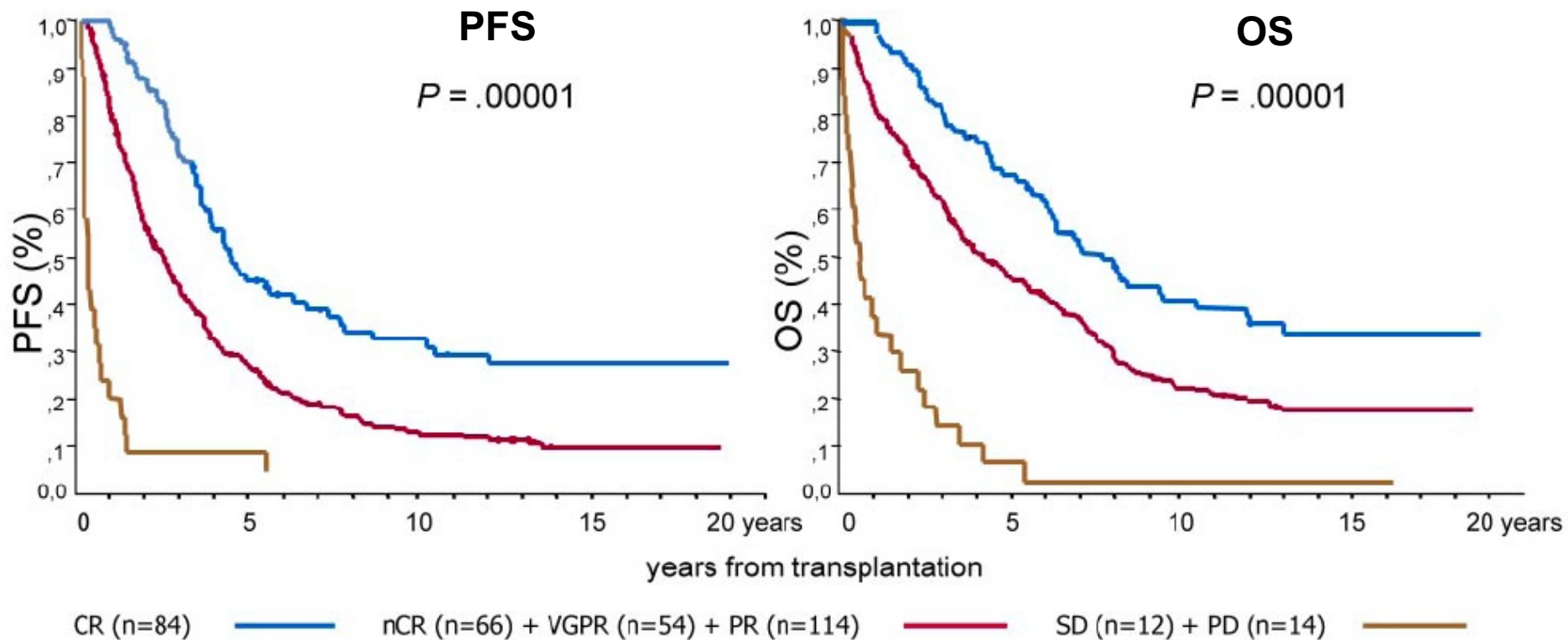
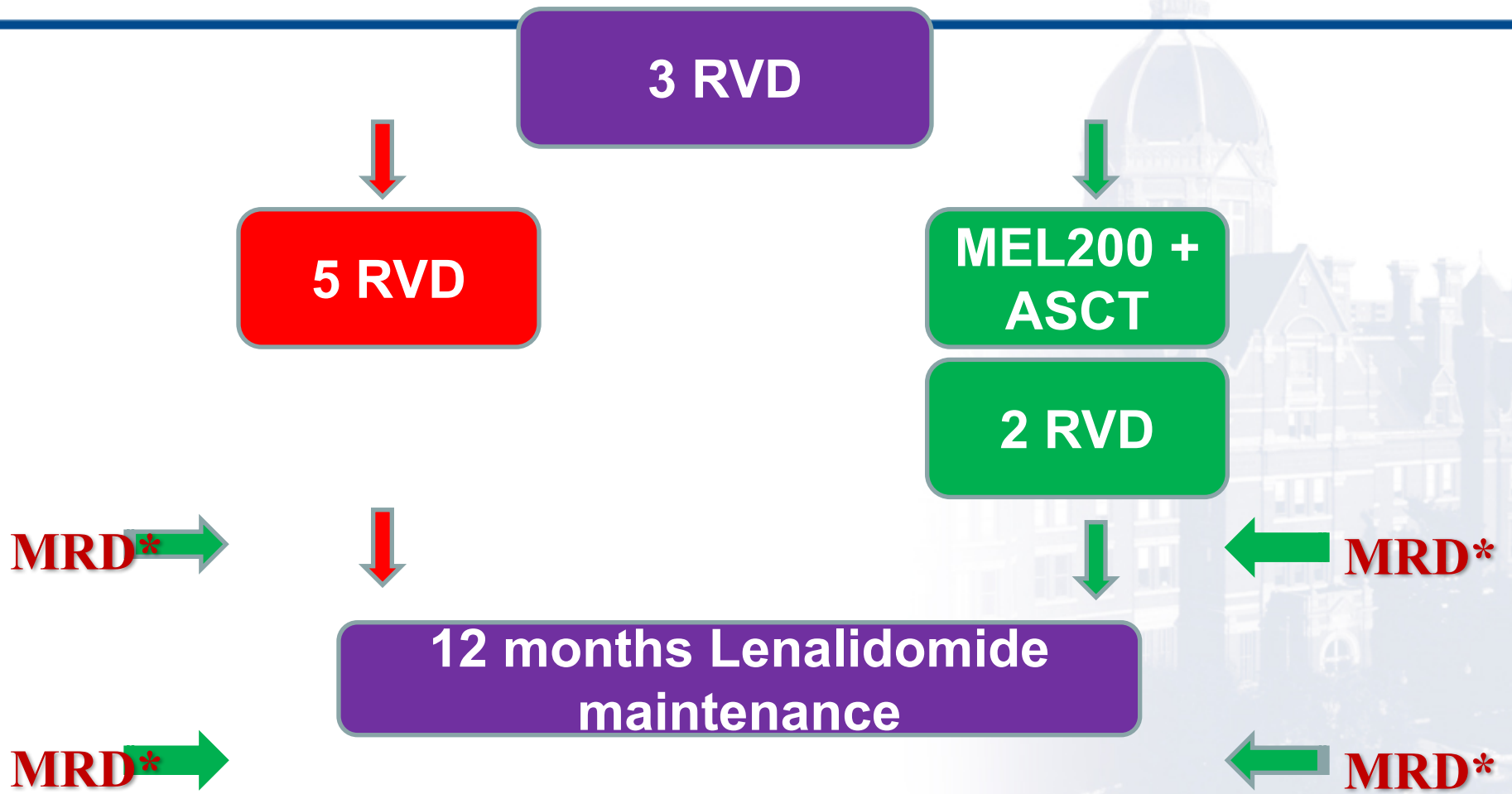


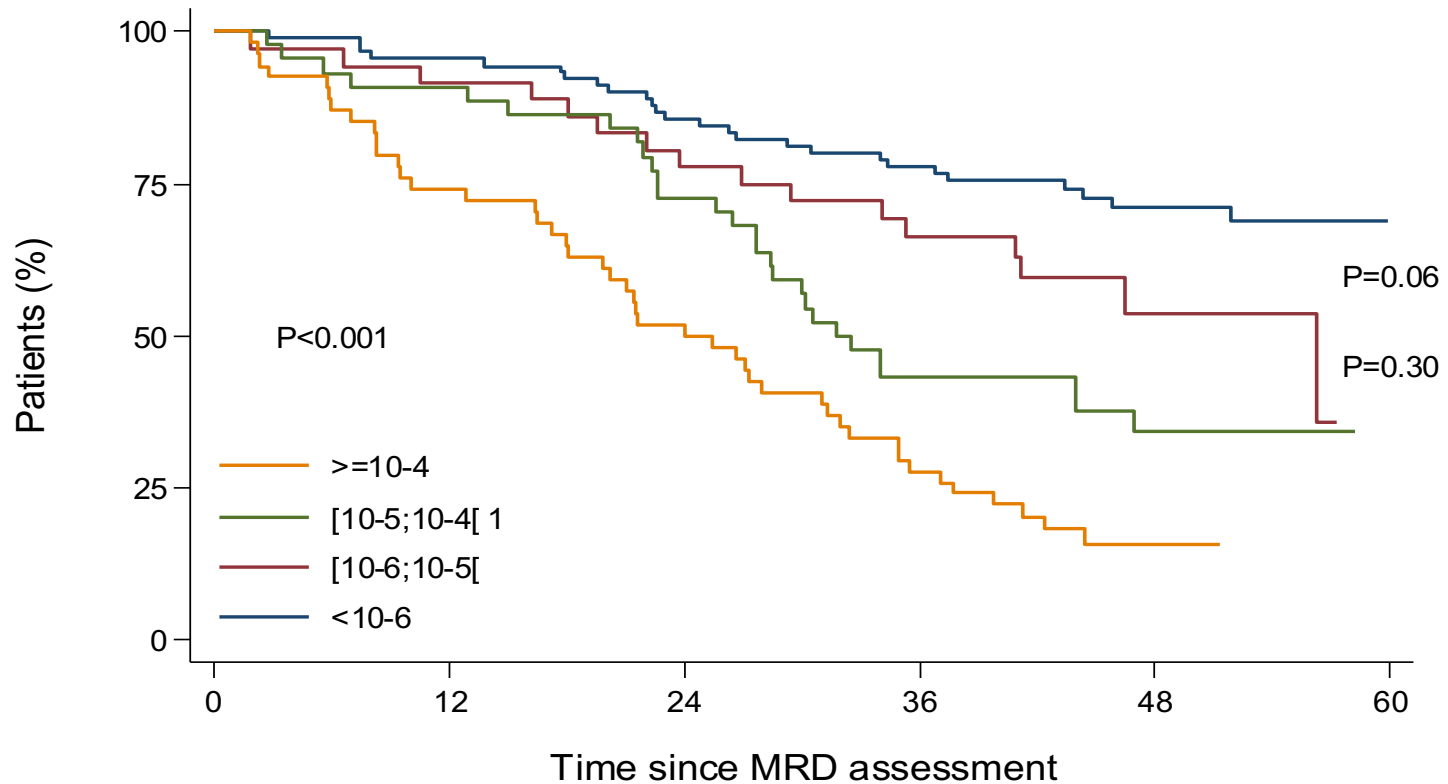
Figure 2. Prognostic effect of CR patients versus those in nCR or VGPR or PR versus patients with SD or PD after HDT/ASCT.

**IFM DFCI 2009 Trial  
700 patients < 66y,  
Newly diagnosed symptomatic MM**



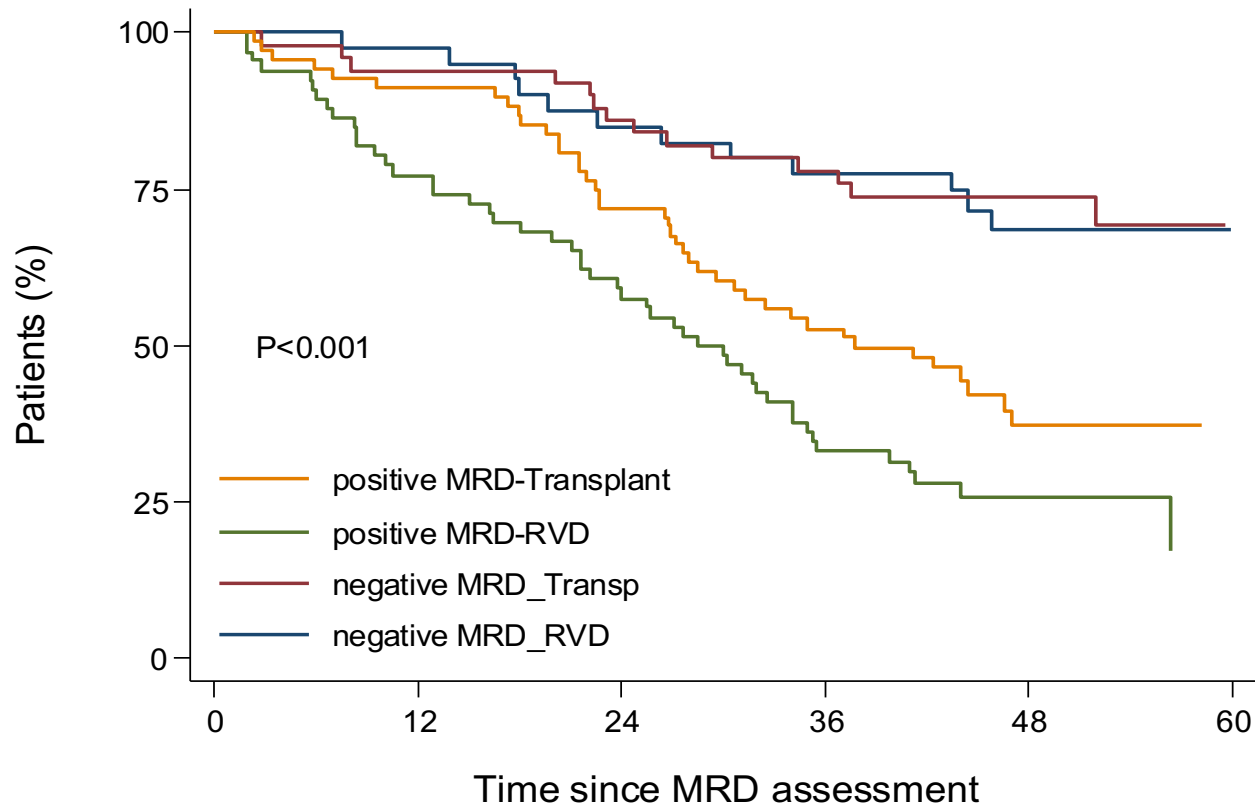
**\* Primary objective = 7-color Flow, Secondary objective = Molecular**

# PFS according to sensitivity



N at risk		0	12	24	36	48	60
$\geq 10^{-4}$	54	40	27	15	7	0	
$[10^{-5}; 10^{-4}[$	44	40	32	19	10	2	
$[10^{-6}; 10^{-5}[$	36	33	28	22	9	1	
$< 10^{-6}$	90	86	77	69	40	5	

# MRD negativity and treatment arm



	0	12	24	36	48	60
positive MRD-Transplant	68	62	49	35	15	1
positive MRD-RVD	66	51	38	21	11	2
negative MRD_Transp	50	47	43	38	23	4
negative MRD_RVD	40	39	34	31	17	1

Adapted from Avet-Loiseau H et al. Oral presentation at ASH 2015 (Abstract 191).

# Conclusions

- Myeloma is a complex disease that is constantly in genetic evolution requiring an interplay of the tumor and its environment
- Disease progression and relapse is associated with clonal evolution
- Chromosomal abnormalities associated with disease progression
- MRD negativity associated with improved outcomes
- Transplant increases the likelihood of achieving MRD negativity