



HealthTree
Foundation









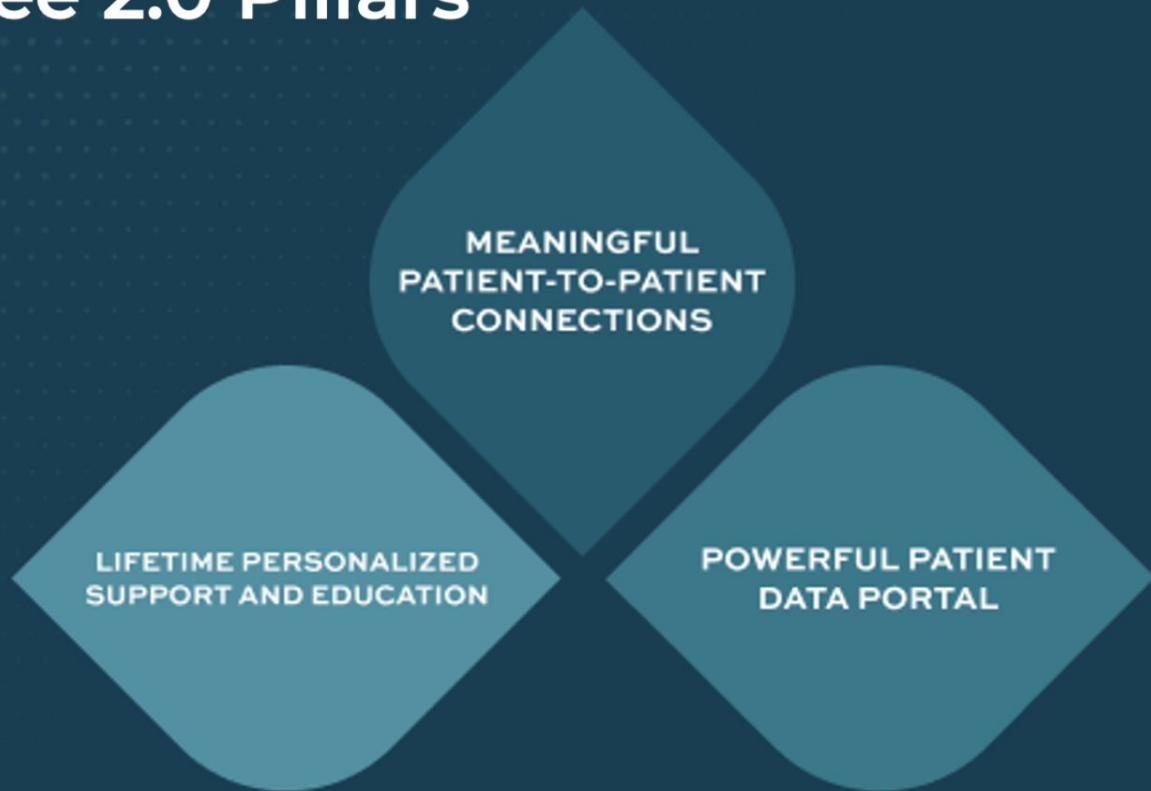
Mobilizing Patients to be Active Participants in Accelerating a Cure

HealthTree's Programs & Apps

- Myeloma News
- Webinars
- Myeloma Specialist Directory
- Round Tables
- Podcast
- REACH Initiative
- HealthTree University
- HealthTree Coach
- HealthTree Cure Hub
- HealthTree Connect
- HealthTree Moves
- Live Support with Patient Navigators



HealthTree 2.0 Pillars



Lifetime Personalized Support and Education



-  MYELOMA NEWS
-  WEBINARS
-  PODCAST
-  ROUNDTABLES
-  HEALTHTREE UNIVERSITY
-  SPECIALIST DIRECTORY
-  HEALTHTREE JOURNAL
-  LIVE SUPPORT WITH PATIENT NAVIGATORS

Meaningful Patient-to-Patient Connections



-  HEALTHTREE COACH
-  REGIONAL COMMUNITIES
-  BLACK MYELOMA HEALTH
-  SPANISH MYELOMA HEALTH
-  HEALTHTREE CONNECT
-  HEALTHTREE MOVES

Powerful Patient Data Portal - HealthTree Cure Hub



-  TRACK YOUR DISEASE
-  DISCOVER TREATMENT OPTIONS
-  GET SIDE EFFECTS SOLUTIONS
-  FIND YOUR MYELOMA TWIN
-  FIND CLINICAL TRIALS
-  ACCELERATE RESEARCH
-  JOIN SURVEYS AND STUDIES



POWERFUL PATIENT DATA PORTAL

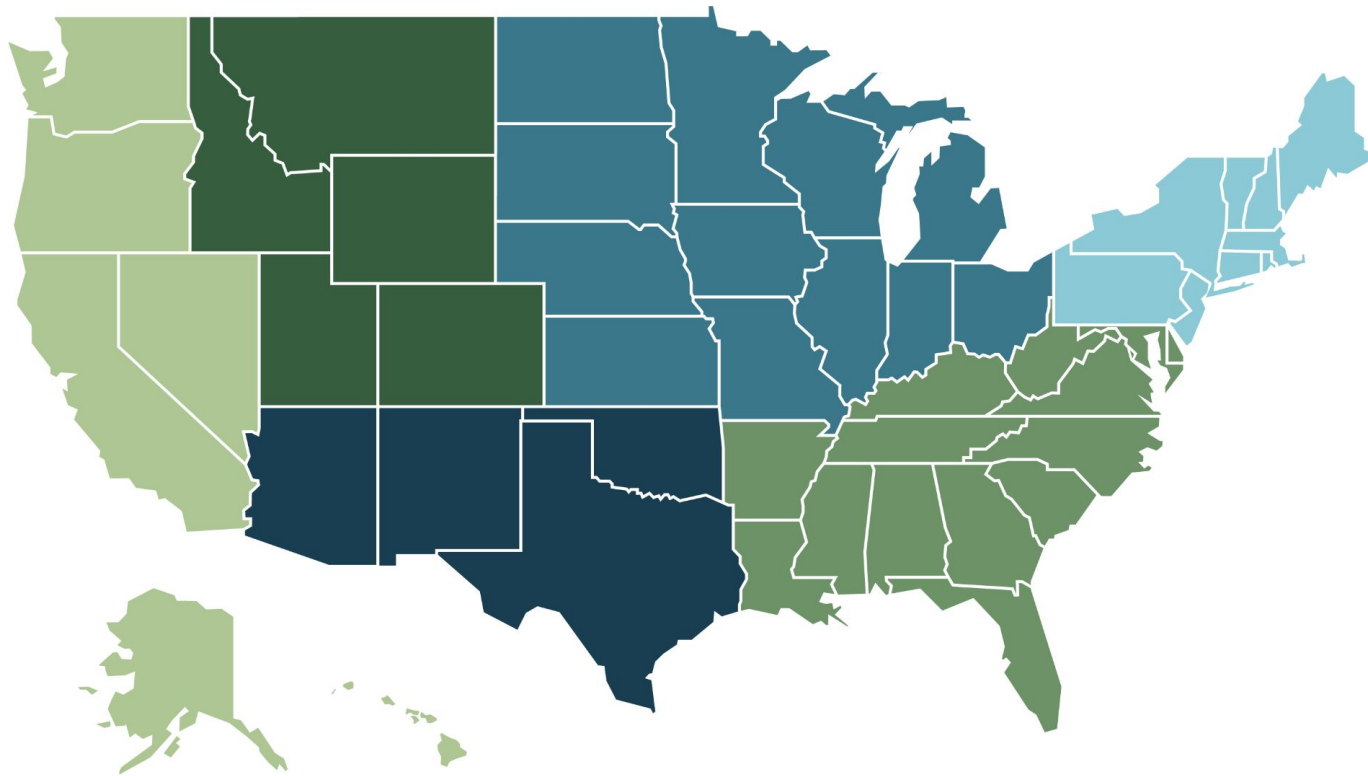
LIFETIME PERSONALIZED SUPPORT AND EDUCATION









CURE!

MEANINGFUL PATIENT-TO-PATIENT CONNECTIONS





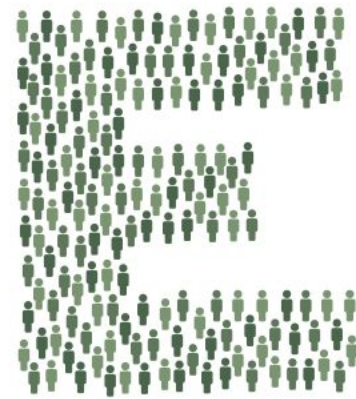
HealthTree Regional Cure Cure Teams

- | | |
|--|---|
|  Pacific |  Northeast |
|  Rocky Mountain |  Southeast |
|  Southwest |  Midwest |



Vision

A mobilized, active community organized into Regional Cure Teams across the country whose members are **intentionally, fearlessly, and passionately** committed to reaching all patients and raising money to accelerate cures.








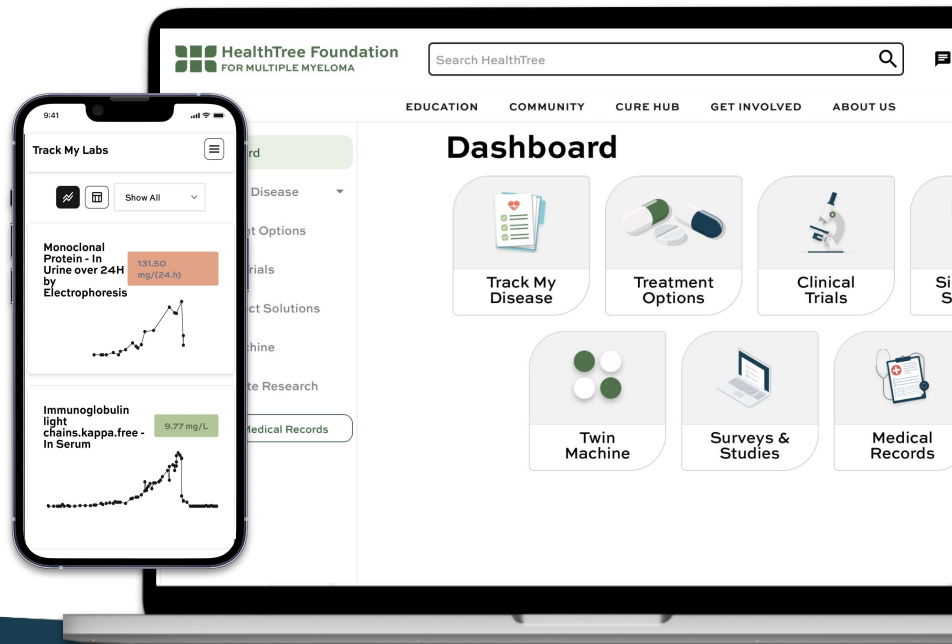
HealthTree Cure Hub for Multiple Myeloma





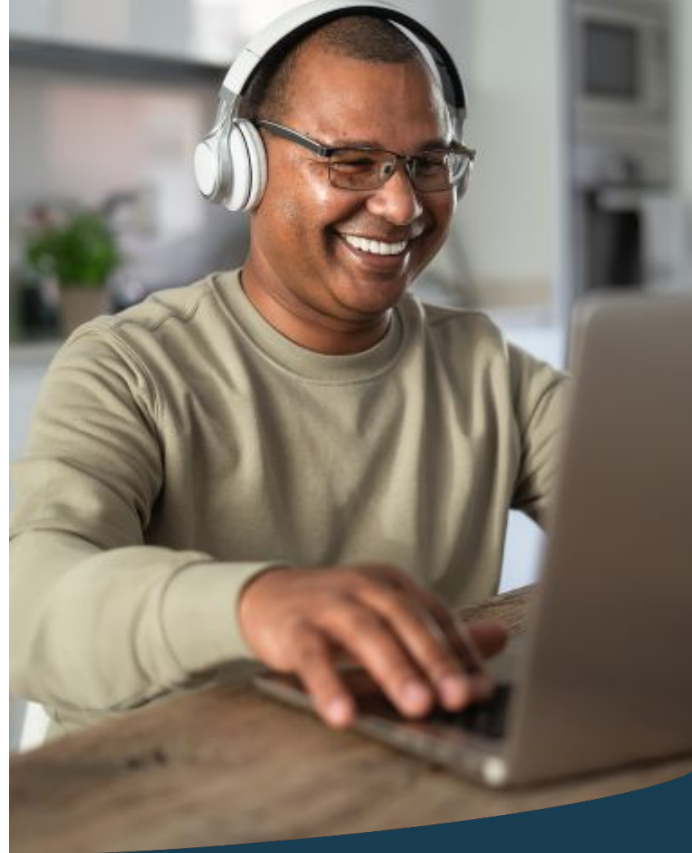
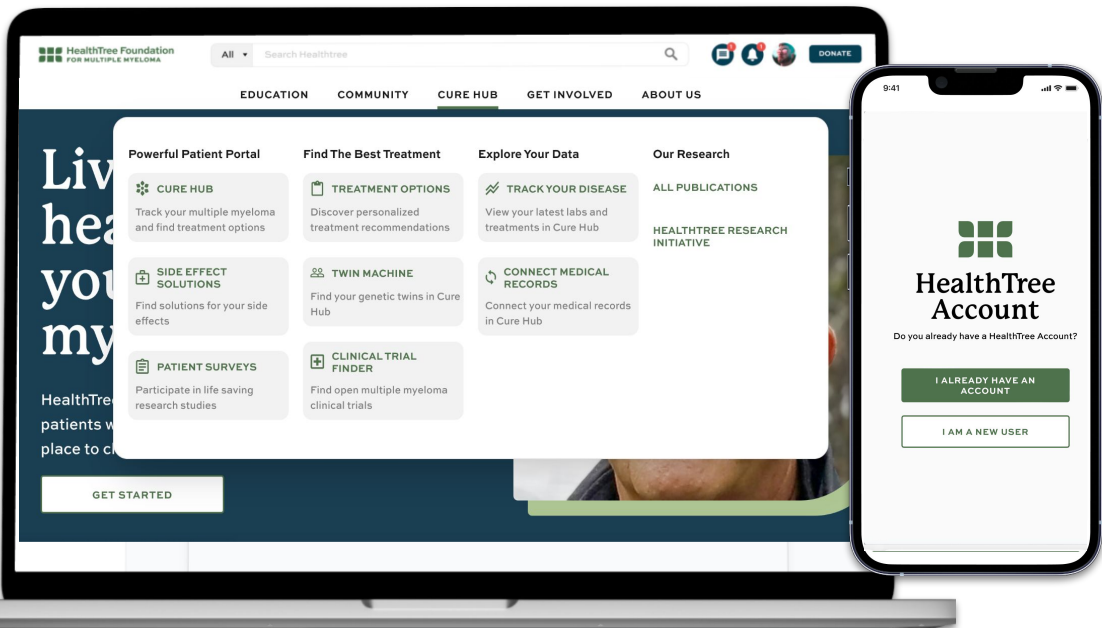
Navigate your disease by tracking your labs and gain access to life saving tools

-  Track My Disease
-  Patient Tools
-  Accelerate Research



Get Started

Create a Cure Hub Account



Overview

Get Started

Track My Disease

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Accelerate Research

Get Started

Connect your Records



Dashboard

Track My Disease

Treatment Options

Clinical Trials


Side Effect Solutions

Twin Machine


Accelerate Research

Connect Medical Records


Dashboard




Track My Disease



Treatment Options




Clinical Trials



Side Effect Solutions



Twin Machine



Surveys & Studies



Medical Records



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Get Started

Connect your Records

- 🏠 Dashboard
- 📄 Track My Disease
- ⊕ Treatment Options
- 🧪 Clinical Trials
- 💡 Side Effect Solutions
- 👤 Twin Machine
- 📄 Accelerate Research

⊕ Connect Medical Records

Medical Records

ADD NEW CONNECTION

Connected Facilities

⊕ Tap to connect your first facility!

Uploaded Records

UPLOAD RECORDS

⊕ Upload additional records for HealthTree to enter for you

←

Where do you log into see your medical records?

Mayo Clinic 🔍

- MD Anderson
- University of Michigan Cancer Center
- Kaiser Permanente
- Huntsman Cancer Institute

Mayo Clinic Cancer Center

🔄 AUTOMATIC CONNECTION:
LAST SYNC: 1 MONTH AGO | SYNC NOW

📄 PAPER RECORDS:
CONNECTED

🔗 MANUAL CONNECTION:
CONNECTED

15 min
To download

🔒 HealthTree uses the most up-to-date server encryption and security protocols to keep your records safe.



Overview

Get Started

Track My Disease

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Accelerate Research

Get Started

Connect your Records



♥ DONATE

EDUCATION COMMUNITY CURE HUB GET INVOLVED ABOUT US

- Dashboard
- Track My Disease
- Treatment Options
- Clinical Trials
- Side Effect Solutions
- Twin Machine

Medical Records

ADD NEW CONNECTION

Connected Facilities

MAYO CLINIC - SCOTTSDALE



AUTOMATIC CONNECTION:
LAST SYNC: 2/15/2023 | [SYNC NOW](#)

PORTAL LOGIN:
[COMPLETE - TAP FOR DETAILS](#)

PAPER RECORDS:
[TAP FOR DETAILS - COMPLETE](#)

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Track My Disease



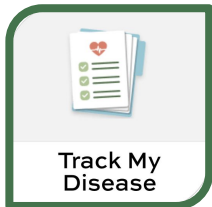
- Dashboard
- Track My Disease
- Treatment Options
- Clinical Trials
- Side Effect Solutions
- Twin Machine
- Accelerate Research
- Connect Medical Records

- Diagnosis
- Team
- Treatment History
- Labs
- Genetics
- Imaging

Dashboard



- Track My Disease
- Treatment Options
- Clinical Trials
- Side Effect Solutions
- Twin Machine
- Surveys & Studies
- Medical Records



Overview

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Diagnosis

 Track My Disease ▲

Diagnosis

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Imaging

Myeloma

Add info Edit

DIAGNOSIS DATE
STATUS
SUBDIAGNOSIS
R-ISS STAGE AT DIAGNOSIS ⓘ

Jan 01, 2022
Active
IgA Kappa
Stage II



High Risk Values at Diagnosis

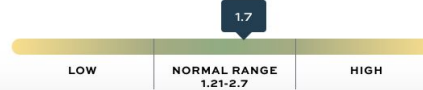
Lactate Dehydrogenase (LDH): 163 u/L



Albumin [Mass/volume] in Serum or Plasma: 4.4 g/dL



Beta-2-Microglobulin: 1.7 mg/L



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My Team

Track My Disease

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My Team

MY PHYSICIANS

ADD NEW



URVI SHAH
Myeloma Specialist

Memorial Sloan Kettering Cancer
Center



DOUG SBOROV
Myeloma Specialist

Huntsman Cancer Institute at the
University of Utah

FAMILY / CAREGIVERS

ADD NEW



CHARLES SMITH
(202) 111 - 2022

MULTIPLE MYELOMA COACHES

ADD NEW



Phillip Zierten
Louisville, Kentucky



Overview



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Multiple Myeloma Treatments

02/01/2022



- 01/01/2023



ADD PROCEDURE

ADD MEDICATION

Nov 01, 2022

EDIT INFO

Autologous Peripheral Blood Stem Cell Transplant - Nov 01, 2022

Undefined

REPORTED SIDE EFFECTS

Tap to report side effects

EDIT

DELETE

Feb 01, 2022 - Aug 01, 2022

EDIT INFO

Dexamethasone

• 4 dose/28 d from Feb 01, 2022 to Aug 01, 2022

EDIT

DELETE

Lenalidomide 10 MG [Revlimid]

• 21 dose/28 d from Feb 01, 2022 to Aug 01, 2022

EDIT

DELETE

Bortezomib 3.5 MG [Velcade]

• 4 dose/28 d from Feb 01, 2022 to Aug 01, 2022

EDIT

DELETE

REPORTED SIDE EFFECTS

☹️ Uncomfortable but manageable
Bruise or bleed easily (hemorrhage)
Heart - pain or discomfort

😬 Disruptive to my life
Hearing loss

😞 Unmanageable, stopped treatment
Pain - back, jaw, neck or ribs (bones)

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 Track My Disease 

Diagnosis

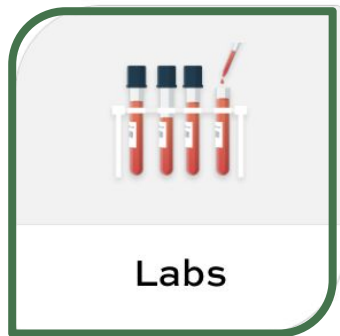
Team

Treatment History

Labs

Genetics

Imaging



Track My Labs

  Last 5 Years 

Monoclonal Protein

In Serum or Plasma by Electrophoresis

0.00 g/dL

In Urine over 24H by Electrophoresis

0.00 mg/(24.h)

Immunoglobulin light chains.kappa.free - In Serum

10.17 mg/L

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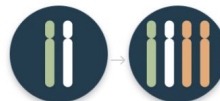
Imaging



Multiple Myeloma Genetics

What are Tetrasomies?

Normal chromosomes or genes typically come in sets of two (2). In healthy people, the chromosomes on their plasma cells are in normal pairs. In patients with multiple myeloma, extra copies of genes can be present. Tetrasomies are four copies of the chromosomes. This is also...






TAP TO LEARN MORE

What is a Gene Deletion?

Normal chromosomes or genes typically come in sets of two (2). In healthy people, chromosomes of the plasma cells are in normal pairs. In patients with multiple myeloma, genes of the myeloma cells can become deleted. One or both of the genes in a normal pair can be missin...





TAP TO LEARN MORE

		Gene Addition		Gene Deletion		Gene Mutation
Icon Key		Gene Tetrasomy		Gene Translocation		Gene Trisomy
		CD Mutation				

Jan 2022

Notes

-  Trisomy 17 [Presence] in Bone Marrow by FISH Positive No notes
(Jan 01)
-  Trisomy 11 [Presence] in Bone Marrow by FISH Positive
(Jan 01)

Imaging

Track My Disease

Diagnosis

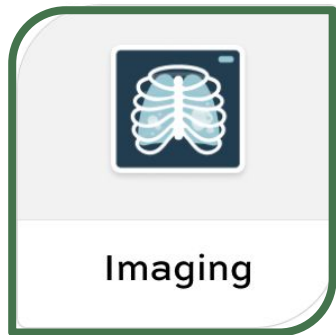
Team

Treatment History

Labs

Genetics

Imaging



Medical Imaging



What imaging is used at diagnosis to detect myeloma bone disease?

Myeloma is not a single tumor and can be in the whole skeleton, it is recommended to get a whole body imaging. CT is more recommended than X-RAY.



...
TAP TO LEARN MORE

CT SCAN

- CT is better to overtake : standard".

TAP TO LEARN M

Dec 30, 2021

PET+CT Guidance for localization of tumor of Whole body-- W 18F-FDG IV
PET CT shows evidence of multiple lytic lesions in axial skeleton



Overview

Get Started

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Disease Summary



PERSONAL INFO	
Gender	Female
Date of birth	November 19, 1992
Treatment Goals	Cure

DISEASE HISTORY	
Diagnosis	Myeloma
Diagnosis date	January 2022
Type	
Status	Active

GENETIC TESTS	
Date of Genetic Test	01/01/2022
Component	Result
Trisomy 17	Positive
Trisomy 11	Positive

MULTIPLE MYELOMA LABS							
Date of Lab Test	01/01/2022	03/01/2022	05/01/2022	08/01/2022	12/01/2022	01/01/2023	03/01/2023
Platelets [if Volume] in Blood		NaN			222.00 10 ³ /uL		
Plasma cells/100 cells in Bone marrow by Manual count	NaN						
M Protein (Blood) Electrophoresis	8.00 g/dL					0.20 g/dL	
Lambda Free Light Chains	3.20 mg/L	NaN	NaN	25.00 mg/L	26.00 mg/L	NaN	25.00 mg/L

MULTIPLE MYELOMA TREATMENTS			
Date	Treatments	Side Effects	Outcomes
01/01/2023	lenalidomide 10 MG [Revlimid] 21 dose/28 d		
11/01/2022	Autologous peripheral blood stem cell transplant		
02/01/2022	bortezomib 3.5 MG [Velcade] 4 dose/28 d from Feb 01, 2022 to Aug 01, 2022 dexamethasone 4 dose/28 d from Feb 01, 2022 to Aug 01, 2022 lenalidomide 10 MG [Revlimid] 21 dose/28 d from Feb 01, 2022 to Aug 01, 2022		



Overview



Get Started



Track My Disease



Patient Tools



Accelerate Research



Patient Tools

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Twin Machine

 TWINS I'M FOLLOWING


ADD FILTERS <

Myeloma x 50-60 years old x 2-4 Years after diagnosis x Female x

CLEAR ALL


My twin matches

 **Patient: 5568**
52 yrs old (F)

 100% match



 **Patient: 7199**
52 yrs old (F)

 100% match



Overview

Get Started

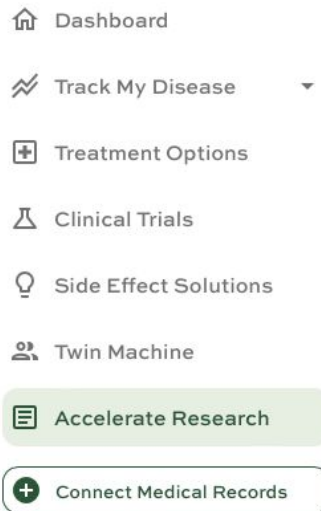
Track My Disease

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Accelerate Research

Ways to Participate in Research

1. Connect Records
2. Complete Surveys & Studies



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Accelerate Research

Surveys & Studies

Available Completed




Supplement Use Habits and Perceptions in Patients with Plasma Cell Disorders

We are pleased to invite you to participate in a new research study for patients with multiple myeloma and other plasma cell disorders. Dr. Urvi Shah and her research team at Memorial Sloan Kettering Cancer Center (MSK) want to learn about...

Principal Investigator(s): Dr. Urvi Shah

IN PROGRESS 19 Minutes

PROGRESS




Attitudes towards and experience with cannabis use for pain management

A survey about attitudes and experience with cannabis for patients with myeloma or precursor conditions.

Principal Investigator(s): Craig C. Hofmeister, MD, MPH from Emory Winship Cancer Institute, Karen Swiss, PharmD from University of Illinois Chicago

IN PROGRESS 9 Minutes

PROGRESS



Food Frequency Questionnaire

A survey for MGUS, SMM and myeloma patients about daily dietary habits to see if there is a correlation with myeloma progression or outcomes. This survey is in partnership with Dr. Shah from Memorial Sloan Kettering Cancer Center.

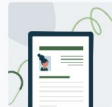
Principal Investigator(s): Urvi Shah, MD from Memorial Sloan Kettering Cancer Center

IN PROGRESS 30 Minutes

PROGRESS

Surveys & Studies

Available Completed



Minimal Residual Disease (MRD) Awareness Survey

A HealthTree survey to learn about your current understanding and knowledge of Minimal Residual Disease (MRD) testing.

COMPLETED 10 Minutes

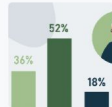


Key Decision-Making Factors for Myeloma Patients Changing Therapy

A survey to understand your decision-making process for your next therapy, especially as there are so many multiple myeloma treatment options available today.

Principal Investigator(s): Rafael Fonseca, MD from Mayo Clinic, Ola Landgren, MD from Sylvester Comprehensive Cancer Center, Sagar Lonial, MD from Emory Winship Cancer Institute, Robert Orłowski, MD from Anderson Cancer Center, and Saad Usmani, MD from Memorial Sloan Kettering Cancer Center


COMPLETED 23 Minutes



Demographics

A HealthTree survey that provides the most key information used by myeloma investigators for every survey or study performed.

COMPLETED 5 Minutes



Pain Experience and Attitudes Towards Opioids for pain

COMPLETED 13 Minutes



Benefits of Participating in Research

- Researchers gain access to anonymous Real World **Living Data**
- Helps the research community to:
 - Develop new hypotheses about optimal treatment strategies
 - Identify best practices in myeloma care
- **Get closer to a CURE!**



Overview



Get Started



Track My Disease

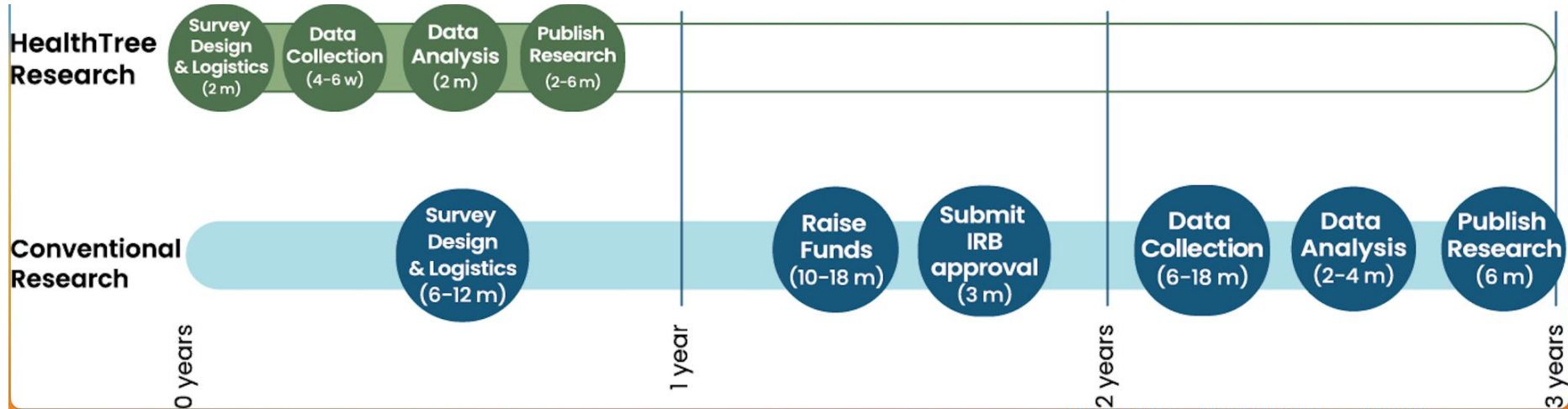


Patient Tools



Accelerate Research



















MEANINGFUL PATIENT-TO-PATIENT CONNECTIONS

-  HealthTree Coach
-  Hispanic Myeloma Health
-  Regional Communities
-  HealthTree Connect
-  Black Myeloma Health
-  HealthTree Moves

LIFETIME PERSONALIZED SUPPORT AND EDUCATION

-  Myeloma News
-  Specialist Directory
-  Webinars
-  HealthTree University
-  Podcast
-  Live Support With Patient Navigators
-  Roundtables
-  HealthTree Journal

POWERFUL PATIENT DATA PORTAL

-  Track Your Disease
-  Find Clinical Trials
-  Discover Treatment Options
-  Accelerate Research
-  Get Side Effects Solutions
-  Join Surveys and Studies
-  Find Your Myeloma Twin



HealthTree Foundation
for Multiple Myeloma

Thank you!

If you need assistance,
please contact our team at:

support@healthtree.org

+1 800-709-1113

Link to our Privacy Policy page: <https://www.healthtree.org/privacy-policy/>

Privacy & Security concerns

Paragraph explaining privacy and security:

HealthTree takes your privacy seriously. Your medical data is yours, it does not belong to HealthTree, the hospitals or clinics that you may visit. If at any time you want your account deleted we do so immediately. The account and all the data associated with it is permanently deleted.

If you participate in any surveys or studies your answers can be shared with research organizations but your personal information such as name, email, phone number, address is never shared with anyone outside of HealthTree.

We do not contract with insurance companies or provide your information to them. We do not sell your personal information to anyone.

If we ever become involved in a merger, acquisition, bankruptcy or sale of assets, your personal information could be disclosed to those involved. Before that happens we will reach out to you twice via email to give you the option to have your information deleted before the finalizations of any sort of transactions as described above.

Finally, we take every precaution available to keep your data safe from anyone that might try to steal your information. All your information is encrypted which makes it unreadable to any one that may illegally acquire your information.

How does HT protect my information?

HealthTree utilizes some of the most advanced technologies and security practices in the industry to ensure that your data is stored safely and securely within HealthTree.

All your information is stored in a secured Google Cloud environment, and we apply security updates as soon as they are available. The information is also encrypted which makes it unreadable to anyone that may illegally acquire your information.

We also use firewalls to block unauthorized access to our website. We hire cyber-security experts on a regular basis to find vulnerabilities. They do "penetration tests," which simulate a cyber attack to check for anything that could be exploited.

We secure the transmission of data using Secure Socket Layer(SSL). This means that when information is traveling from the database to your computer, it remains encrypted and confidential.