



Member Resources

PMMNG Updates/Meetings/Webinars

Check our Website and Facebook account often!

PMMNG Website <http://philadelphia.myeloma.org/>

PMMNG Facebook www.facebook.com/PMMNG

Publications

IMF Multiple Myeloma Patient Handbook

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/phb.pdf>

Concise Review of the Disease and Treatment Options

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/concisereview.pdf>

Understanding MGUS and Smoldering Myeloma

https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-mgus_smm.pdf

Understanding the Immune System in Myeloma

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-immunesystem.pdf>

Understanding Revlimid® (lenalidomide)

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-revlimid.pdf>

Understanding Velcade® (bortezomib)

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-velcade.pdf>

Understanding Darzalex (daratumumab)

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-darzalex.pdf>

Understanding Emluciti (elotuzumab)

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-emluciti.pdf>

Understanding Kyprolis (carfilzomib)

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-kyprolis.pdf>

Understanding Ninlaro (ixazomib)

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-ninlaro.pdf>

Understanding Farydak (panobinostat)

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-farydak.pdf>



Understanding Pomalyst (pomalidomide)

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-pomalyst.pdf>

Understanding Thalomid (thalidomide)

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-thalidomide.pdf>

Understanding Dexamethasone and Other Steroids

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-dexamethasone.pdf>

Understanding High-Dose Therapy with Stem Cell Rescue

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-transplant.pdf>

Understanding Bisphosphonate Therapy-Treatment for Bone Disease

<https://www.myeloma.org/u-bone>

Understanding Treatment for Myeloma -Induced Vertebral Compression Fractures

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-vertebralcompressionfractures.pdf>

Understanding Fatigue

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-fatigue.pdf>

Understanding Clinical Trials

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-clinicaltrials.pdf>

The Myeloma Patient's Guide to Understanding Your Test Results

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-testresults.pdf>

Understanding Freelite and Hevylite Tests

https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-freelite_hevylite_0.pdf

TO ORDER PRINT COPIES OF THE ABOVE PUBLICATIONS [CLICK HERE](#)

Managing Myeloma

https://themmrf.org/wp-content/uploads/2018/10/MMRF_Managing-Myeloma_Updated-101218.pdf

Multiple Myeloma Disease Overview

https://themmrf.org/wp-content/uploads/2018/10/MMRF_Disease-Overview_Updated-101218.pdf

Multiple Myeloma Treatment Overview

https://themmrf.org/wp-content/uploads/2018/10/MMRF_Treatment-Overview_Updated-101218.pdf



Multiple Myeloma Caregiver Guide

https://themmrf.org/wp-content/uploads/2018/10/MMRF_Caregiver-Brochure_Updated-101218.pdf

Precision Medicine Brochure

https://themmrf.org/wp-content/uploads/2018/10/MMRF_Precision-Medicine_Updated-101218.pdf

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National Comprehensive Cancer Network (NCCN) Guidelines for Myeloma Treatment

<https://www.nccn.org/patients/guidelines/myeloma/files/assets/common/downloads/files/myeloma.pdf>

A Medication Resource for Myeloma Patients

http://www.lls.org/sites/default/files/National/USA/Pdf/Publications/PS97_Medication%20Resource%20for%20Myeloma%20Patients_FINAL.pdf

The CAR-T Cell Process

http://www.lls.org/sites/default/files/National/USA/Pdf/Publications/PS100_CART_flyer.pdf

Myeloma

http://www.lls.org/sites/default/files/file_assets/PS39_Myeloma_Booklet_9_17_FINAL_with_Insert.pdf

Blood and Marrow Stem Cell Transplantation

http://www.lls.org/sites/default/files/file_assets/PS40_BloodMarrow_2018.pdf

The Myeloma Guide- Information for Patients and Caregivers

http://www.lls.org/sites/default/files/file_assets/PS49%20Myeloma%20Guide_9_17%20FINAL_with_Insert.pdf

Personalized Nutrition Consultations

http://www.lls.org/sites/default/files/National/USA/Pdf/Publications/PS98_Nutrition%20Brochure.pdf

Myeloma Oral Treatment Adherence

http://www.lls.org/sites/default/files/National/USA/Pdf/Publications/FS28_Myeloma%20Oral%20Adherence%20Facts_FINAL.pdf



Financial Assistance Services

Healthwell-Co-Pay Assistance

<https://www.healthwellfoundation.org/fund/multiple-myeloma-medicare-access/>

Good Days Co-Pay Assistance

<https://www.mygooddays.org/>

The Leukemia & Lymphoma Society-Financial Matters

<http://www.lls.org/support/financial-support>

Patient Access Network

<https://panfoundation.org/index.php/en/>

Patient Advocate Foundation

www.patientadvocate.org

Cancer Care Financial Assistance

www.cancercare.org/financial

Needymeds.org

www.needymeds.org

Partnership for Prescription Assistance

www.pparx.org/Intro.php

RxAssist Financial assistance program center for patients

www.rxassist.org

Social Security Disability Insurance & Supplemental Security Income

<https://www.ssa.gov/benefits/disability/>

Centers for Medicare & Medicaid Services

www.cms.hhs.gov

The Bone Marrow Foundation

<https://bonemarrow.org>

Benefits Dot Gov

www.benefits.gov



Pharmaceutical Reimbursement Assistance Programs

Amgen Reimbursement Connection

Products- Kyprolis, Xgeva

<https://www.amgenassist360.com>

1-800-28-AMGEN

Bristol-Myers Squibb Access Support[®]

Product-Empliciti

<http://www.bmsaccesssupport.bmscustomerconnect.com/patient>

1-800-861-0048

Celgene Patient Support

Products: Revlimid, Thalomid, Pomalyst

<https://www.celgenepatientsupport.com/>

1-800-931-8691

Janssen CarePath

Product- Darzalex

<https://www.darzalex.com/patient-support>

1-844-55DARZA

Novartis- Patient Assistance Now Oncology (PANO)

Product-Farydak

<https://www.hcp.novartis.com/products/farydak/multiple-myeloma/access/>

Product-Zometa

www.us.zometa.com/patient/zometa-reimbursement-help.jsp

Product- Aredia

800-282-7630

Takeda Patient Support-Velcade Reimbursement Assistance Program (VRAP)

Product-Velcade

<http://www.velcade.com/Paying-for-treatment/>

1-866-835-2233, Option 2

Takeda Patient Support- 1 Point

Product-Ninlaro

<https://www.takedaoncologycopay.com>

800-931-8691



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Patient Education and Support

International Myeloma Foundation

www.myeloma.org

INFOLINE at 800.452.CURE (2873) between the hours of 9:00 am and 4:00 pm Pacific Time

Multiple Myeloma Research Foundation

www.themmr.org

Patient Support Nurse 1-866-603-MMCT(6628)

The Leukemia and Lymphoma Society

<http://www.lls.org/disease-information/myeloma>

Information Specialist 1.800.955.4572

The Myeloma Crowd

www.myelomacrowd.org

National Cancer Institute- Myeloma

<https://www.cancer.gov/types/myeloma>

Cancer Dot Net- Physician Approved Patient Information from ASCO

<https://www.cancer.net/navigating-cancer-care/videos/cancer-basics/multiple-myeloma-introduction>

Cancer Care-Myeloma Resources

https://www.cancercare.org/diagnosis/multiple_myeloma

American Cancer Society

<http://www.cancer.org/treatment/supportprogramsservices/index>

CURETALKS Myeloma Podcast

<https://www.curetalks.com/?ref=myeloma>

Patient Power Myeloma Updates

<https://www.patientpower.info/multiple-myeloma>

MyelomaTeacher Multiple Myeloma Resources on Facebook

<https://www.facebook.com/Myelomateacher/>

Oncology Tube- Myeloma Videos

<http://www.oncologytube.com/c/20/MultipleMyeloma>

Myeloma Beacon

<https://myelomabeacon.org>



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Be the Match

<https://bethematch.org>

Bone Marrow Transplant Infonet -Transplant Information and Financial Resources

<https://www.bmtinfonet.org>

4th Angel Patient & Caregiver Mentoring Program

www.4thangel.org

Imerman Angels One-on-One Cancer Support and Mentoring

<https://imermanangels.org>

LLS First Connection Mentoring Program

<http://www.lls.org/diseaseinformation/getinformationsupport/supportgroups/peersupport/>

Cancer Hope Network- One-on-one support for adults impacted by cancer.

<https://www.cancerhopenetwork.org>

SmartPatients-Patient Online Support Community

www.smartpatients.com

HealthUnion- Patient Online Support Community

<https://blood-cancer.com>

Health Tree- Find your best myeloma treatment option

www.HealthTree.org

SparkCures-Myeloma Clinical Trial Finder

<https://sparkcures.com/>

Lazarex Foundation- Improving Access to Cancer Clinical Trials

<https://www.lazarex.org>

National Coalition for Cancer Survivorship

www.canceradvocacy.org

Cancer Legal Resource Center

<https://drlcenter.org>

Legal Services

<https://www.lsc.gov>



Cancer and Careers

<http://www.cancerandcareers.org/en/about-us>

FOR CAREGIVERS ONLY

Help for Cancer Caregivers

<https://www.helpforcancercaregivers.org>

Caregiver Action Network

<https://caregiveraction.org>

National Family Caregivers Association

www.nfcacares.org

Transportation and Lodging

American Cancer Society- Road to Recovery

<http://www.cancer.org/treatment/supportprogramsservices/road-to-recovery>

Air Care Alliance

www.aircareall.org

Corporate Angel Network –Flights to Treatment

www.corpangelnetwork.org

Patient AirLift Services

www.palservices.org

Patient Travel.org

www.patienttravel.org

Hope Lodge

<https://www.cancer.org/treatment/support-programs-and-services/patient-lodging/hope-lodge.html>

Joe's House

<https://www.joeshouse.org>



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ExtendedStay- Keys of Hope

<https://www.extendedstayamerica.com/acs-partnership?userguid=c027ab9b-a3f9-460e-9260-c57b5103fa93>

HealthCare Hospitality Network

<https://www.hhnetwork.org>

Hospitality Homes

<http://hosp.org>

Philoxenia House for Mayo Clinic

<http://philoxeniahouse.org/node/3>

Interim Homes

<https://www.interimhomes.net/housing-solutions/medical-housing/>

Other Resources

Glossary of Myeloma Terms

<https://www.myeloma.org/sites/default/files/images/publications/tools/glossary.pdf>

Guide to Acronyms and Abbreviations

<https://www.myeloma.org/sites/default/files/images/pages/acronyms.pdf>

Eating Hints for Cancer Patients

<http://www.cancer.gov/cancertopics/coping/eatinghints/page1>

Free Subscription to CURE Magazine

<https://www.curetoday.com/subscription>

Free Subscription to Conquer Magazine

<https://conquer-magazine.com/subscribe/>

Free Subscription to Cancer Today Magazine

<https://www.cancertodaymag.org/subscriber-services>