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**New Member Resources**

**PMMNG Updates/Meetings/Webinars**

**Check our website, Facebook account and Twitter feed often**

**PMMNG Website** [**http://philadelphia.myeloma.org/**](http://philadelphia.myeloma.org/)

**PMMNG Facebook** [**www.facebook.com/PMMNG**](http://www.facebook.com/PMMNG)

**PMMNG Twitter** [**http://twitter.com/PMMNG**](http://twitter.com/PMMNG)

**International Myeloma Foundation Publications**

**IMF Multiple Myeloma Patient Handbook-** [**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/phb.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/phb.pdf)

**Concise Review of the Disease and Treatment Options** [**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/concisereview.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/concisereview.pdf)

**Understanding MGUS and Smoldering Myeloma** [**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-mgus\_smm.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-mgus_smm.pdf)

**Understanding Revlimid®**

[**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-revlimid.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-revlimid.pdf)

**Understanding VELCADE® (bortezomib) for Injection** [**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-velcade.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-velcade.pdf)

**Understanding Daralex**

[**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-darzalex.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-darzalex.pdf)

**Understanding Empliciti**

[**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-empliciti.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-empliciti.pdf)

**Understanding Kyprolis**

[**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-kyprolis.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-kyprolis.pdf)

**Understanding Ninlaro**

[**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-ninlaro.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-ninlaro.pdf)

**Understanding Pomalyst**

[**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-pomalyst.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-pomalyst.pdf)

**Understanding Thalidomide**

[**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-thalidomide.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-thalidomide.pdf)

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**Understanding Farydak**

[**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-farydak.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-farydak.pdf)

**Understanding Dexamethasone and Other Steroids**

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-dexamethasone.pdf>

**Understanding Bisphosphonate Therapy**

<https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-bisphosphonates.pdf>

**Understanding High-Dose Therapy with Stem Cell Rescue** [**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-transplant.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-transplant.pdf)

**Understanding Fatigue**

[**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-fatigue.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-fatigue.pdf)

**Understanding Clinical Trials**

[**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-clinicaltrials.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-clinicaltrials.pdf)

 **The Myeloma Patient's Guide to Understanding Your Test Results** [**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-testresults.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-testresults.pdf)

**Understanding Freelite and Hevylite Tests** [**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-freelite\_hevylite\_0.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-freelite_hevylite_0.pdf)

**Understanding the Treatment of Myeloma-Induced Compression Fractures** [**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-vertebralcompressionfractures.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-vertebralcompressionfractures.pdf)

**Understanding the Immune System in Myeloma** [**https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-immunesystem.pdf**](https://www.myeloma.org/sites/default/files/images/publications/UnderstandingPDF/u-immunesystem.pdf)

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| **Treatment Access/Reimbursement Resources*****Organizations that provide or help locate assistance to access drug and treatment information*****Cancercare Financial assistance and counseling program for patients** [www.cancercare.org/financial](http://www.cancercare.org/financial)**Centers for Medicare & Medicaid Services** [www.cms.hhs.gov](http://www.cms.hhs.gov) Phone: 877-267-2323 **Chronic Disease Fund Co-pay assistance and therapy management portal** <https://www.mygooddays.org/for-patients/patient-assistance/> **The Leukemia & Lymphoma Society-Financial Matters**<http://www.lls.org/support/financial-support/co-pay-assistance-program> **Needymeds.org**[www.needymeds.org](http://www.needymeds.org) **Partnership for Prescription Assistance**[**https://www.pparx.org/**](https://www.pparx.org/)**Patient Access Network** [**https://www.panfoundation.org/index.php/en/**](https://www.panfoundation.org/index.php/en/) **Patient Advocate Foundation Case management assistance for insurance, employment and access to care issues**[www.patientadvocate.org](http://www.patientadvocate.org)**RxAssistFinancial assistance program center for patients**[www.rxassist.org](http://www.rxassist.org) **Social Security Disability & Supplemental Security Income**<http://www.ssa.gov/disability/>**Pharmaceutical Reimbursement Assistance Programs*****Pharmaceutical co-pay and reimbursement assistance programs*****Amgen Reimbursement Connection****Product- Kyprolis**<http://www.amgenassist360.com/> **Celgene Patient SupportProducts: Thalomid, Revlimid, Pomalyst** [**https://www.celgenepatientsupport.com/**](https://www.celgenepatientsupport.com/)**Takeda Patient Assistance****Product- Velcade and Ninlaro**[**http://www.velcade.com/paying-for-treatment**](http://www.velcade.com/paying-for-treatment)<https://www.ninlaro.com/financial-resources> **Novartis Patient Assistance FoundationProduct – Zometa** <https://www.pharma.us.novartis.com/sites/www.pharma.us.novartis.com/files/PAP-Pharma-Application-English.pdf>**Janssen CAREPath** **Product- Darzalex, PROCRIT, Doxil**<https://www.darzalex.com/patient-support>**Bristol Myer Squibb- Access Support****Product- Empliciti**<http://www.bmsaccesssupport.bmscustomerconnect.com/ConsumerIndex?cm_mc_uid=31716495500914848847489&cm_mc_sid_51110000=1484884748> **Patient Support and Services*****Other patient support and resources*****International Myeloma Foundation Hotline**Hotline at **800.452.CURE (2873)** between the hours of 9:00 am and 4:00 pm Pacific Time**Multiple Myeloma Research Foundation Patient Support Nurse****1-866-603-MMCT(6628)****The Leukemia and Lymphoma Society- First Connection Mentoring Program**Peer to Peer Support<http://www.lls.org/diseaseinformation/getinformationsupport/supportgroups/peersupport/>[**4th Angel Patient & Caregiver Mentoring Program**](http://www.4thangel.org/) Part of the Scott Hamilton CARES Initiative [www.4thangel.org](http://www.4thangel.org)[**Imerman Angels One-on-One Cancer Su**pport](http://www.imermanangels.org/)Connecting cancer fighters, survivors and caregivers[www.imermanangel.org](http://www.imermanangel.org)**Smart Patients Online Patient Community** <https://www.smartpatients.com/> [**Cancer Care**](http://www.cancercare.org/) Counseling program for patients[www.cancercare.org](http://www.cancercare.org)**American Cancer Society- Patient Services**[**http://www.cancer.org/treatment/supportprogramsservices/index**](http://www.cancer.org/treatment/supportprogramsservices/index)[**National Coalition for Cancer Survivorship**](http://www.canceradvocacy.org/) [www.canceradvocacy.org](http://www.canceradvocacy.org)[**National Family Caregivers Association**](http://www.nfcacares.org/)[www.nfcacares.org](http://www.nfcacares.org) **The Myeloma Crowd**<http://www.myelomacrowd.org/> **CureTalks – Myeloma**[**http://www.curetalks.com/?ref=myeloma**](http://www.curetalks.com/?ref=myeloma) **Transportation to Treatment****American Cancer Society- Road to Recovery**[**http://www.cancer.org/treatment/supportprogramsservices/road-to-recovery**](http://www.cancer.org/treatment/supportprogramsservices/road-to-recovery)[**Air Care Alliance**](http://www.aircareall.org/)[**www.aircareall.org**](http://www.aircareall.org)[**Corporate Angel Network**](http://www.corpangelnetwork.org/) **–Flights to Treatment**[**www.corpangelnetwork.org**](http://www.corpangelnetwork.org)[**Patient AirLift Services**](http://www.palservices.org/)[**www.palservices.org**](http://www.palservices.org)[**Patient Travel.org**](http://www.patienttravel.org/)[**www.patienttravel.org**](http://www.patienttravel.org)**Other Resources****Download the Myeloma Manager Personal Care Assistant- to keep track of blood work**[**http://myeloma.org/IndexPage.action?indexPageId=178**](http://myeloma.org/IndexPage.action?indexPageId=178)**#Ask Dr. Durie Videos**[**https://www.myeloma.org/understanding/imf-tv/askdrdurie**](https://www.myeloma.org/understanding/imf-tv/askdrdurie)**Guide to Acronyms**[**https://www.myeloma.org/sites/default/files/images/publications/tools/guide\_aa\_2016-0929.pdf**](https://www.myeloma.org/sites/default/files/images/publications/tools/guide_aa_2016-0929.pdf)**Eating Hints for Cancer Patients**[**http://www.cancer.gov/cancertopics/coping/eatinghints/page1**](http://www.cancer.gov/cancertopics/coping/eatinghints/page1)**Free Subscription to CURE Magazine**[**http://www.curetoday.com/subscription**](http://www.curetoday.com/subscription)**Free Subscription to Cancer Today Magazine**[**https://www.pubservice.com/casubnew.aspx?PC=CA&PK**](https://www.pubservice.com/casubnew.aspx?PC=CA&PK)**=** **Working and Cancer**[**http://www.cancerandcareers.org/en/about-us**](http://www.cancerandcareers.org/en/about-us) |